

Mental Health Referral Information

For eligible clients only

Referral Date: MM/DD/YYYY

Referral Processed by: Juvonen, Jordyn

Referral Source:

Appointment Information

Therapy Mode Offered Group Class

Counselling Type Offered

- N/A
 - Acceptance & Commitment Therapy (ACT)
 - Attachment-Based Therapy
 - Brief-Focused Therapy (BFT)
 - Brief Low Intensity Counseling
 - Bowen Family Therapy
 - ChronicPainSelf-Management
 - Cognitive Behaviour Therapy with Mindfulness (CBTm)
 - Dialectical Behavioural Therapy (DBT)
 - Emotionally Focused Therapy (EFT)
 - Existential Therapy
 - Eye-MovementDesensitizationandReprocessing(EMDR)
 - Feminist Therapy
 - Gestalt Therapy
 - Internal Family Systems Therapy (IFS)
 - Integrated Therapy
 - Interpersonal Therapy
 - Mindfulness-Based Interventions
 - Narrative Therapy
 - Object-Relations Therapy
 - Psychodynamic Therapy
 - Psychoeducation Therapy
 - Process Intervention Therapy
 - Satir Family Therapy
 - Solution-Focused Therapy
 - Somatic Experiencing Therapy
 - Structural Family Therapy
 - Strategic Family Therapy
 - Trauma-Informed Therapy
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Referral Declined by Client: MM/DD/YYYY