

Introductions/Instructions- Follow-up Blood or Body Fluid Exposure
(Post Exposure Prophylaxis (PEP) Protocol)

How to complete the form

The “Follow-up Assessment of Exposure to Blood or Body Fluids Algorithm” includes five sections. Each section includes a series of “yes or no” clinical questions that will guide the risk assessment leading to suggested management based on the MHSAL: Post-exposure Prophylaxis for HIV, HBV and HCV: Integrated Protocol for Post-exposures to Blood and Body Fluids in Manitoba.

The algorithm is colour and shape specific:

- A shaded Hexagon indicating a decision point
 - Blue- referrals
 - Green- suggested HIV PEP medication
 - Orange- suggest considering HIV PEP medication
 - Red- no further action required
- Rounded boxes indicate clinical questions
- Square boxes indicate responses or action items

Document the presentation by checking the box associated with the “yes” or “no” response to each question.

Follow hyperlinks by using CTL-click function

Section I: HIV Results Review- Blue Outline

Section II: Risk of Transmission of HIV: Assessment and Results Management Blue Outline

- Follow-up booking:
 - Minimize the form and access the scheduler to book follow up dates
 - Book appointments as per CSIS training material
 - Insert dates into date fields within the form
- Linking Source and Exposed EMR files
 - If source consents: Insert EMR file number from source demographics page into the “Follow up Assessment of Blood or Body Fluid Exposure” form generated for exposed in space provided



Section III: HIV PEP Medication Counseling and Follow up- Blue Outline

- Creation of Prescription-
 - When providing a second Starter Pack do not print prescription (for EMR records only)
 - When no previous prescription had been provided
 - Must include “meets EDS Schedule 2 criteria”
 - Suggest creating a list within “favourites” for PEP medications based on Tables 3 and 4 of the MHSAL Protocol (link found within the form)

Section IV: Risk of Transmission of Hepatitis A, B and C: Assessment and Management- Purple Outline

- Create a prescription wherever medications are being administered

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- Document administration of prescription within “Medications” tab of EMR

Section V: For Sexual Exposures: Assessment and Management- Green Outline

- To be initiated only for sexual encounters such as sexual assault
- Complete contract tracing as per Manitoba Health Forms Surveillance Forms for Hepatitis B and C, HIV, and Syphilis Investigation Form and follow their User Guidelines for reportable diseases as described: <https://www.gov.mb.ca/health/publichealth/surveillance/forms.html>

How to request source consent

- Have the patient (exposed) make the first connection.
- If the source is available either over the phone or in person:
 - Locate or create the patient record for the source using CSIS training material
 - Open and complete “Post-Exposure Prophylaxis Verbal Source Consent” form
 - Use CSIS training material for instructions on masking or unmasking the encounter based on the source request

Follow-up Appointments

- Following the appointment, use the F4 function within the EMR and print all upcoming booked appointments
 - Provide the patient with the listing of upcoming appointments
- During follow-up appointment, use the appropriate Post Exposure Prophylaxis follow up Clinical Note Template to guide and document the encounter