

Fluoride Varnish

FREQUENTLY ASKED QUESTIONS

What is a Fluoride Varnish?

Fluoride varnish is a thick, white, semi-liquid that is painted on the teeth.

How does it work?

Fluoride varnish is safe, fast and easy to apply. It contains 5% sodium fluoride that dries quickly after application. The varnish is absorbed into the teeth and arrests (stops) or prevents cavities.

How is it applied?

The teeth are wiped dry. A tiny amount of flavoured fluoride varnish is applied with a small brush. The varnish will appear as a white film on the teeth. Parents are advised to brush their child's teeth the next morning.

How often is it applied?

Beginning at about 9 months of age the fluoride varnish is applied by a dental professional every three months.

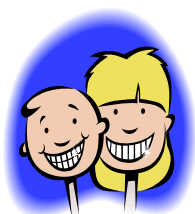
How long does an application take?

The entire process takes only a few minutes!

Is fluoride varnish expensive?

No. The Winnipeg Regional Health Authority provides this service for free.

FLUORIDE VARNISH IS AN EFFECTIVE WAY TO PREVENT TOOTH DECAY IN VERY YOUNG CHILDREN WHO ARE AT HIGHER RISK FOR DENTAL DECAY



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