

# Dental Sealants

## FREQUENTLY ASKED QUESTIONS

### **What is a sealant?**

A sealant is a protective clear plastic coating placed on the chewing surface of molars.

### **When should sealants be applied?**

Sealants are usually applied to fully-erupted permanent molars after the age of six.

### **How do they protect the teeth?**

The grooves found in these molars are a great place for plaque (germs) to hide. If these grooves are very deep, it is easy for a cavity to form. Sealants provide a smooth surface that allows for easier cleaning.

### **Will my child require freezing?**

No. Sealants are “painted” onto a clean tooth and they are hardened with an ultraviolet light.

### **How long will it take?**

It only takes a few minutes to apply a sealant to each tooth!

### **What happens if a sealant is lost?**

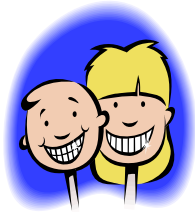
It is best to return and have it replaced as soon as possible in order to protect your tooth from a cavity!

### **Is it expensive?**

Dental sealants are a preventive treatment and therefore are inexpensive. You can contact the WRHA for information on the fee for this service at:

**Machray Dental Clinic**  
320 Mountain Ave  
Phone: 940-2090

**DENTAL SEALANTS ARE EFFECTIVE IN THE PREVENTION OF TOOTH DECAY IN YOUNG CHILDREN WHO ARE AT HIGHER RISK FOR DENTAL DECAY**



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