

WRHA Staff Appreciation and Recognition (STAR) Employee Discount Program

The StAR Team continues to increase the variety of discounts being offered to healthcare employees working for the Winnipeg Regional Health Authority and its partner facilities, programs and agencies.

TO RECEIVE THE DISCOUNT LISTED, PRESENT YOUR WORK PHOTO ID BADGE OR PAYSTUB AT TIME OF PURCHASE (unless otherwise noted). If you encounter any difficulties please contact the WRHA StAR Team at 926-7002. WRHA is not responsible for any services or products offered through the WRHA StAR Employee Discount Program and makes no representations thereto. Discounts offered do not necessarily reflect the WRHA philosophy or perspectives.

Relief Reflexology and Reiki is pleased to offer WRHA employees a special pricing for the following treatments.

☆ **Reflexology** - \$35 for 45 minutes

☆ **Reiki** - \$35 for 45 minutes

Regular price \$40



Service in the comfort of your home

Reflexology is a holistic healing art whereby reflexes in the feet, hands and ears are stimulated through pressure from the practitioner's fingers and thumbs, resulting in improved functioning of all parts of the body, better circulation and relaxation. Feel your aches and pains disappear as you put your feet up and listen to gentle music.

Reiki is a non-invasive energy balancing treatment whereby the practitioner's hands are held on or over energy centres (chakras) in the body which relate to major organs. The recipient feels warmth from the practitioner's hands as energy blockages are cleared, pain is released and deep relaxation follows.

Valid until September 1, 2011

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