

WRHA Staff Appreciation and Recognition (StAR) Employee Discount Program

The StAR Team continues to increase the variety of discounts being offered to healthcare employees working for the Winnipeg Regional Health Authority and its partner facilities, programs and agencies.

TO RECEIVE THE DISCOUNT LISTED, PRESENT YOUR WORK PHOTO ID BADGE OR CURRENT PAYSTUB AT TIME OF PURCHASE (unless otherwise noted). If you encounter any difficulties please contact the WRHA StAR Team at 926-7002. WRHA is not responsible for any services or products offered through the WRHA StAR Employee Discount Program and makes no representations thereto.

Acceleration Performance and Total Rehabilitation and Sports Injuries Clinic located at 390 Provencher Blvd, Unit M, Winnipeg phone 415-6491, are pleased to offer the following discounts to WRHA members:

Total Rehabilitation and Sports Injuries Clinic

Athletic Therapy, Physiotherapy, Massage Therapy and Thai Massage:

- ★ Priority bookings for all services
- ★ 10% off athletic therapy services (private therapy services only)
- ★ Massage therapy – 20% off the first 3 massages and then 10% off subsequent massage therapy services within the fiscal year.
- ★ Thai Massage –WRHA members will receive a ‘frequent services’ card – buy 4 Thai massages get the 5th free.
- ★ 15% off skin care products at Total Rehabilitation and Sports Injuries Clinic. (Skincerity)
- ★ 10% all merchandise available at Total Rehabilitation and Sports Injuries Clinic. (t-shirts, foam rollers, resistance bands, etc.)



Acceleration Performance

Private and semi-private training, bootcamps, Biggest Loser program and more!

- ★ 15% off one-on-one training programs
- ★ 10% off fitness testings
- ★ 10% off all program designs (take home programs and subsequent programs)
- ★ 12-15% off our very popular Biggest Loser fitness program (12-15% based on a registration scale – the more registrations the higher the discount)
- ★ 10% off nutritional plans
- ★ Receive up to 25 emails/months for fitness and nutritional coaching



**ACCELERATION
PERFORMANCE**

Acceleration Fitness Centre

Membership based fitness centre, offering cardio, resistance training, zumba, yoga, TRX and more . . .

- ★ 10% annual memberships
- ★ Towel service
- ★ Free t-shirt
- ★ Free first month training program (\$75 savings)
- ★ 15% off initial fitness assessment.



**ACCELERATION
FITNESS
CENTER**

For details call or visit the websites at www.accelerationperformance.ca and www.totalrehabcenter.org