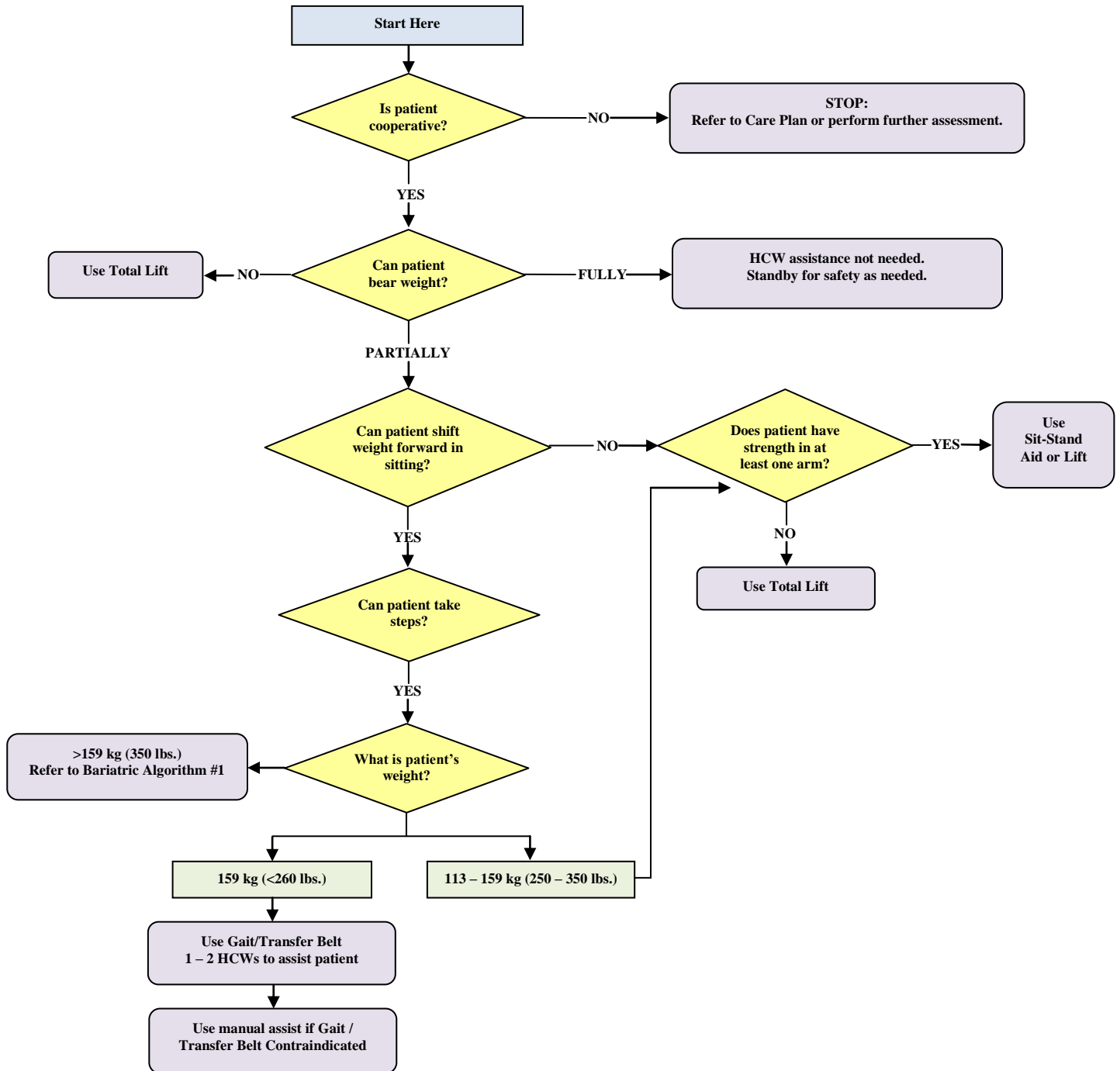




Algorithm Sit to Sit: Chair to Toilet, Chair to Chair, Car to Chair, Bed to Chair



*This is NOT a pivot transfer. Assistance is provided during the standing and sitting motions only. Patient must be assessed as being able to ambulate consistently and reliably once in a standing position in order to proceed with this technique.

Assessment Actions

Can patient straighten his/her leg from a bent position by pushing against your hand, placed into the sole of the patient's foot. Test both legs.

Staff should try to bend the patient's leg at the knee while the patient resists. The upper leg of the patient should be supported in the chair. Test both legs.

Test for ability to sit in the chair unsupported. Test for ability to maintain balance side-to-side in sitting.



Patient attempts to lean forward to shift weight in preparation for standing ("Nose over toes")

Patient attempts to straighten a bent elbow against your resistance.



Patient attempts to move his/her foot through the full range of motion in a circle.



SWPs: Transfer Belt
Sit-Stand Lift