

<b>Name &amp; Position</b>		<b>Date:</b>	
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**Safe Patient Movement & Handling**

**Bed Mobility – Critical Elements Checklist  
Bed Boost with Orange Slider Tube**

Check:	Critical Elements
	Equipment Check (bed, slider)
	Appropriate bed set-up
	Roll patient from supine <-> side lying
	Place slider under patient
	Move patient sideways in bed using slider
	Move patient up in bed using slider
	Have patient boost themselves up in bed using slider
	Remove slider
	Maintain good body Mechanics throughout (Power position, Weight shift)

**Bed Mobility – Critical Elements Checklist  
Bed Boost with Two Purple Slider Sheets**

Check:	Critical Elements
	Equipment Check (bed, sliders, slider fit)
	Appropriate bed set-up
	Place and fold sliders over patient (Prep)
	Unfold sliders under patient
	Move patient sideways in bed using sliders
	Move patient up in bed using sliders
	Communicate effectively with other caregivers
	Remove sliders
	Maintain good body Mechanics throughout (Power position, Weight shift)

**Bed Mobility – Critical Elements Checklist  
Side Turns with Two Purple Slider Sheets**

Check:	Critical Elements
	Equipment Check (bed, sliders, slider fit)
	Appropriate bed set-up
	Have positioning aides (pillows) available
	Place and fold sliders over patient (Prep)
	Unfold sliders under patient
	Move patient sideways in bed using sliders
	Communicate effectively with other caregivers & patient
	Remove sliders
	Maintain good body Mechanics throughout (Power position, Weight shift)

<b>Bed Mobility – Critical Elements Checklist Lateral Transfer with Two Purple Slider Sheets</b>	
<b>Check:</b>	<b>Critical Elements</b>
	Equipment Check (bed, sliders, slider fit)
	Appropriate bed set-up
	Place and fold sliders over patient (Prep)
	Unfold sliders under patient
	Place slider on receiving surface
	Attach extension straps
	Place two surfaces together
	Ensure brakes are on both beds
	Verbally indicate transfer of lines and catheters
	Demonstrate proper placement of hands when pushing
	Communicate effectively with other caregivers
	Complete lateral transfer
	Remove sliders
	Maintain good body mechanics throughout (Power position, Weight shift)

<b>Specialty Procedure: Critical Elements Checklist Insertions with Two Purple Slider Sheets</b>	
<b>Check:</b>	<b>Critical Elements</b>
	Equipment Check (bed, sliders, slider fit)
	Appropriate bed set-up
	Place and fold sliders over patient (Prep)
	Unfold sliders under patient
	Place X-ray plate into orange slider, and
	Insert plate between slider sheets and position properly, or:
	Insert sling between slider sheets, lining up landmarks
	Communicate effectively with other caregivers
	Remove plate
	Remove sliders
	Maintain good body mechanics throughout (Power position, Weight shift)

<b>Critical Elements Checklist Chair Boost with Orange Slider Tube</b>	
<b>Check:</b>	<b>Critical Elements</b>
	Equipment Check (brakes on chair, remove armrests if possible, slider)
	Fold slider tube into 4-6 folds (Prep)
	Insert behind patient's bottom
	Unfold sliders under patient while stabilizing patient
	Place hands appropriately behind patient's shoulder blades
	Place pillow at knees, or, push on knees
	Communicate effectively with other caregivers and patient
	Complete the boost
	Remove sliders
	Maintain good body mechanics throughout (Power position, Weight shift)

<b>Sit-Stand Lift - Critical Elements Checklist Bed to Wheelchair Transfer</b>	
<b>Check:</b>	<b>Critical Elements</b>
	Set up environment space & equipment correctly
	Know where to find weight capacity sticker on lift
	Demonstrate how to operate the controls (on/off, remote, emergency stop)
	Demonstrate how to determine battery charge levels, how to remove
	Choose appropriate harness
	Adjust bed height
	Maneuver lift into place
	Engage locks onto lift
	Assist patient to place feet onto footplate
	Adjust shin rest
	Assist patient to don harness (landmark, hook in place)
	Using controls, raise patient into assisted stand position
	Unlock brakes and transport lift and patient to wheelchair
	Lock brakes, then lower patient
	Detach straps and remove harness
	Remove feet from footplate, move lift away
	Communicate with patients & other caregivers throughout procedure
	Maintain good body mechanics throughout (Power position, Weight shift)

<b>Total Floor Lift - Critical Elements Checklist Lift from Floor</b>	
<b>Check:</b>	<b>Critical Elements</b>
	Identify that first step is to assess for injury. Able to identify who completes assessment & what injuries are contraindicated
	Set up environment space & equipment (Slider sheets, sling, total lift) correctly
	Place and fold sliders over patient (Prep)
	Unfold sliders under patient
	Know where to find weight capacity sticker on lift
	Demonstrate how to operate the controls (on/off, remote, emergency stop)
	Demonstrate how to determine battery charge levels, how to remove
	Choose appropriate sling
	Insert sling between sliders
	Maneuver lift into place
	Knows not to engage locks onto lift
	Remove top slider
	Lower basket of lift down into position
	Attach sling to basket, feet first, then shoulders
	Using controls, raise patient into seated position
	Transport lift and patient to bed
	Lower patient onto bed
	Detach straps, legs first, and remove sling
	Move lift away
	Communicate with patients & other caregivers throughout procedure
	Maintain good body mechanics throughout (Power position, Weight shift)

<b>Trainer Signature:</b>	
<b>HCW Signature:</b>	