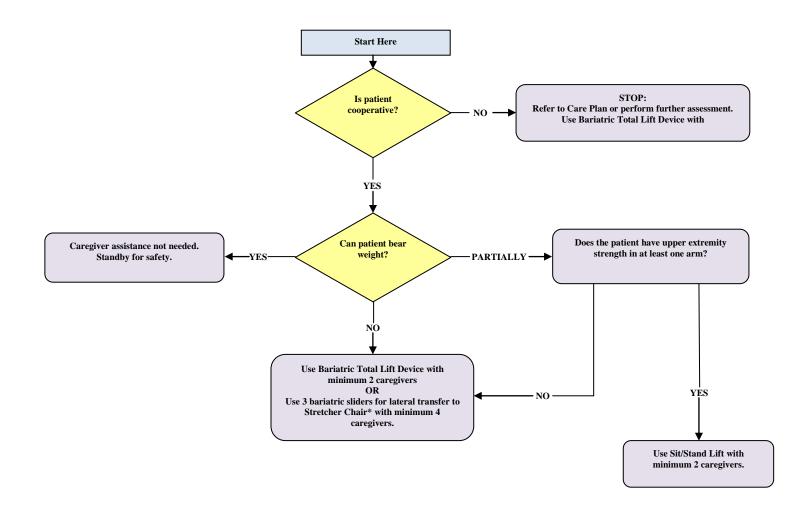






## Bariatric Algorithm Sit to Sit: Chair to Chair, Bed to Chair, Chair to Toilet, Car to Chair



\*Stretcher Chair can also be referred to as a Cardiac or Neuro Chair. The chair has the ability to lay flat and can also be configured to sit the patient up.

Note that a standard porcelain toilet typically has a weight limit of 350 lbs.; the patient may need a bariatric commode chair or steel toilet.

Adapted from "VISN 8 patient safety center of inquiry: Algorithms for safe patient handling and movement", 2006-2009, Department of Veterans Affairs, Tampa, Florida, accessed April 2015 <a href="http://www.tampavaref.org/safe-patient-handling.htm">http://www.tampavaref.org/safe-patient-handling.htm</a> >

## **Assessment Actions**

Can patient straighten his/her leg from a bent position by pushing against your hand, placed into the sole of the patient's foot. Test both legs.

Staff should try to bend the patient's leg at the knee while the patient resists. The upper leg of the patient should be supported in the chair. Test both legs.

Test for ability to sit up in the chair unsupported. Test for ability to maintain balance side-to-side in sitting.



Patient attempts to lean forward to shift weight in preparation for standing ("Nose over toes")

Patient attempts to straighten a bent elbow against your resistance.

Patient attempts to move his/her foot through the full range of motion in a circle.

SWPs: Bariatric Sit-Stand Lift Bariatric Total Lift Lateral Transfer