



4th Annual

# SAFE HEALTHCARE CONFERENCE

Victoria Inn Winnipeg • 1808 Wellington Ave, Winnipeg, MB

**Day 1 – May 9 – 7:30 am to 4:00 pm**

## Helping Our Patients in a Healthy Way – Burnout Tips and Traps

**Dr. Ray Baker, MD, HealthQuest Occupational Health Corp.**

In this session Dr. Baker will discuss the causes and neurobiology of burnout. We will explore some of the factors that influence workplace mental health with the hope of someday improving one of the most unhealthy Canadian work environments, that found in the healthcare industry. He will lay out a menu of effective options you might choose to employ for yourself or your patients as you work (or meditate, or exercise, or learn) your way to improved health and happiness.

## The Roles of Managers, Supervisors, and Safety & Health Professionals for Maximizing Safety & Health Performance in Healthcare

**Ethelinda Padua, CRSP and Deborah Kon, B.Sc. – third speaker TBA**

Senior managers, middle managers, first line supervisors and safety professionals are equally engaged in the management of safety and health in healthcare. Clearly defining the roles, responsibilities, and activities is critical in the execution of a well managed safety and health program. This seminar will:

- Define effective safety management specifically in a healthcare setting with an overview of responsibilities as per Regulations in Manitoba.
- Clearly delineate roles of senior managers, middle managers, first line supervisors and safety and health professionals necessary for the attainment of safety performance excellence.
- Discuss specific and current health and safety challenges in a community healthcare setting, and in rural and acute healthcare settings.
- Identify tools and resources that are available to assist management and supervisors in dealing with safety challenges in each respective healthcare setting, so that we can achieve compliance and more importantly, a safer environment for healthcare workers

## Medical Notes – When, what and how?

**Keith Labossiere, Partner at the Law Firm Thompson Dorfman Sweatman LLP**

This ½ hour session will discuss the legalities surrounding obtaining medical information – why, when, what and how much.

## File Documentation and Recordkeeping

**Karen Clearwater, Senior Legal Counsel, Human Resources, WRHA**

This 1/2 hour presentation will define the Best Practices from a legal perspective for File Documentation and Recordkeeping related to Human Resources issues such as accommodation and performance management and the importance of their separation.

## Workers With Addictions: Creating a Safer, Healthier Workplace

**Dr. Ray Baker, MD, HealthQuest Occupational Health Corp.**

Do you work with or manage people who appear to be challenged with an alcohol or drug problem? Are you concerned about their safety or the safety of others? Dr. Baker will review the most effective techniques for dealing with employees whose alcohol or other drug problems have affected their workplace safety, performance or behaviour.

## Responding to Workplace Mental Illness: Practical Approaches

**Dr. Ray Baker, MD, HealthQuest Occupational Health Corp.**

Mental health disorders have become not only the cause of costly workplace disability, but the prevalence rates of these conditions is quickly getting even higher. Why? What can we do about it? In this session Dr. Baker will review factors that determine the state of workplace mental health. We will review the nature of the problem and effective disability management techniques for early intervention and rehabilitation for this large group of conditions.



4th Annual

# SAFE HEALTHCARE CONFERENCE

Victoria Inn Winnipeg • 1808 Wellington Ave, Winnipeg, MB

## What does it mean to be a Health and Safety Committee Member?

Ed Pschulski, CRSP, CRM, CHSC, Safety and Health Coordinator, WRHA OESH

This 1 hour session will examine the roles and responsibilities of a health and safety committee member and help you to develop practical solutions/recommendations.

## Your Right to Refuse in Healthcare

Crystal Baldwin, OT Reg. (MB)

This 1 hour session will explain your right to refuse, outline the steps that are to be followed in both refusing and investigating. Examples of work refusals will be discussed and two case studies will be presented.

## Manual Material Handling in Healthcare

Sylvia Horvath, BMR (PT)

Manual materials handling (MMH) such as lifting, lowering, carrying, pushing, pulling, holding or restraining are common tasks performed in healthcare including Dietary, Housekeeping, Facility Management/Physical Plant/Maintenance, Laundry, Stores, Shipping and Receiving. This session will review the main components of a Safe Manual Material Handling and Movement Program developed by the Winnipeg Regional Health Authority (WRHA), which represents an evidence-based, best practice approach to MMH. Specific program components and implementation will be discussed, as well as legislating and guiding documents, physical hazard identification, and risk factor controls.

## Mythbusters - Immunization

Allen Kraut, MD, FRCPC

With a focus on Influenza Immunization, this one hour session will explore the "myths" surrounding immunization. Evidence will be used to debunk these common misconceptions.

## Global Harmonization System – How WHMIS May Change

June Trottier – Safety and Health Coordinator, WRHA OESH

The Globally Harmonized System of Classification and Labelling of Chemicals (GHS) will create more consistent communication of chemical hazard information around the world. Although Canada's WHMIS legislation has not yet adopted GHS, it will do so in the next few years. This presentation will provide a closer look at how WHMIS may change in terms of requirements for classification, labels and MSDSs. The session will feature sample WHMIS hazard classifications for products - before and after WHMIS adopts GHS (though final rules are unknown). The impact of these classifications to labels and MSDSs will be shown. Useful resources for WHMIS after GHS awareness will be identified.

## Our Safety Meetings Stink

David Erl, CRSP, Director of Workplace Health and Safety Services, Safety Service Manitoba

Safety and Health Committee Meetings are a vital part of our safety programs. Are your safety meetings effective? Are your members in attendance – both physically and mentally? This session will include the key components to effective meetings, the most common mistakes when planning and holding safety committee meetings, and ideas that can be implemented immediately at your facility.



4th Annual

# SAFE HEALTHCARE CONFERENCE

Victoria Inn Winnipeg • 1808 Wellington Ave, Winnipeg, MB

## Day 2 – May 10 – 7:30 am to 4:00 pm

### Risk Management from the Heart

Theo Kowalchuk, CRSP, CHSC, B.Sc.Ag.

This presentation is centered around Theo Kowalchuk's year long volunteer experience serving as Assistant Safety Manager, Marine Operations with Mercy Ships International. Mercy Ships is a global humanitarian organization providing world class medical care to the poorest nations of the world via hospital ships. Theo will speak about the Health and Safety Management challenges in this type of healthcare environment and how they were overcome.

### Participatory Ergonomics

Sylvia Horvath, BMR (PT), Musculoskeletal Injury Prevention Specialist, WRHA OESH

Participatory ergonomic (PE) programs are an increasingly important part of health and safety in many workplaces and provide a valuable opportunity for workplace parties to collaborate on reducing work-related musculoskeletal disorders and improve productivity and quality. This presentation defines and examines the participatory ergonomics approach, including process and implementation, benefits, facilitators and barriers, evidence to support its effectiveness, and some of the key factors that affect the successful implementation of PE in healthcare. The composition of ergonomic teams, the roles and responsibilities of team members, and the importance of worker involvement will be discussed.

### Provincial Workplace Injury Reduction Advisory Committee

Gloria O'Rourke, Executive Leader of the Labour Relations Secretariat

Learn about the membership, partnerships, purpose, accomplishments and current projects of this group who are working together to make healthcare a safer environment.

### Safe Work for An Aging Workforce

Andrew Dolhy

This session will present health and safety issues affecting the aging workforce, the myths and realities surrounding the older worker and specific examples of ergonomic and job accommodations. An action plan for addressing this issue will be reviewed.

### This Training Sucks! – Putting the Boots to Bad Training

Gord Gillis, MA, CSP, CRSP, CHSC, President and CEO Safety Services Manitoba

Health Care Professionals are facing increased pressure to deliver training that achieves measurable results and “gets it right the first time.” This presentation explores the new ANSI/ASSE Z490.1-2009 Standard, Criteria for Accepted Practices in Safety, Health and Environment Training as a guide to developing, delivering, evaluating and managing effective training. In most organizations, training has been a “hit and miss” activity with varying degrees of effectiveness. This is a luxury most companies can no longer afford. There is increasing pressure to “get it right the first time”. The change in focus is in adhering to a new standard approach that guarantees success. In fact, if you want to change the focus of your workplace and connect with your employees, it is often training that takes you there. It is the foundation for change and participants in this workshop will learn those principles that ensure its success including practical methods for keeping training fresh.

### Three Minutes Three Slides

Sharing best practices to make healthcare safer Healthcare staff from around the province share their successes in three minutes/three slides to help others change the face of safety in healthcare.



# 4th Annual SAFE HEALTHCARE CONFERENCE

## Registration Information

### Day 1 - May 9, 2011

Registration/Coffee: 7:30am

Conference Greetings

Opening Session

Helping our Patients in a Health Way: Burnout Tips and Traps

Concurrent Sessions (Please indicate your choice)

Morning A – Managers and Supervisors

- Managing and Supervising for Safety in Healthcare
- Medical Information
- File Documentation and Record Keeping

OR

Morning B – Health and Safety Committee

- What does it mean to be a Health and Safety Committee Member
- Your Right to Refuse In Healthcare

Concurrent Sessions (Please indicate your choice)

Afternoon A – Managers and Supervisors

- Workers with Addictions: Creating a Safer, Healthier Workplace
- Responding to Workplace Mental Illness: Practical Approaches

OR

Afternoon B – Health and Safety Committee

- Manual Material Handling
- Mythbusters - Immunization
- Global Harmonization – How WHMIS might change
- Our Safety Meetings Stink

### Day 2 - May 10, 2011

Registration/Coffee: 7:30am

Conference Greetings

Morning Session

- Risk Management from the Heart
- Participatory Ergonomics
- Provincial Workplace Injury Reduction Advisory Committee
- Safety and the Aging Worker

Afternoon Session

- This Training Sucks – Putting the Boots to Bad Training
- “3 Minutes - 3 Slides” Safety & Health Success Stories

### Conference Registration (Please print)

Name: \_\_\_\_\_

Employer: \_\_\_\_\_

Department: \_\_\_\_\_

Job Title: \_\_\_\_\_

Address: \_\_\_\_\_

City, Province, Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Day 1 Session Choices:

Morning (A or B): \_\_\_\_\_ Afternoon (A or B): \_\_\_\_\_

**Prior to April 14 - \$175 (includes GST)**

**After April 15 - \$225 (includes GST)**

**Registration Deadline is Monday, May 2, 2011**

**PAYMENT MUST ACCOMPANY REGISTRATION BY ONE OF THE FOLLOWING METHODS**

**A) For registration of WRHA Corporate/Community Health Services Employees ONLY, please provide the following for registration payment:**

WRHA Corporate / Community Cost Centre: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_

**B) For all others (example Grace Hospital, Inkster Laundry, Interlake Regional Health Authority), please make cheques payable to:**

Winnipeg Regional Health Authority – SAFE Healthcare

Mail to: SAFE Healthcare Conference  
Occupational and Environmental Safety & Health  
Grace Hospital, 5th Floor, Dorothy Wood Building  
408 Booth Drive, Winnipeg, MB, R3J 3R7

**Any inquiries please email: [safehealthcare@wrha.mb.ca](mailto:safehealthcare@wrha.mb.ca)**

**Special Note for Travellers:** To receive the conference rate at the Victoria Inn, call 204-786-4801 and quote “Safe Healthcare Conference.”