

COPD Essentials – Facilitator Resources to Prep

- 1) Laptop & projector
- 2) Presentation on memory stick or laptop
- 3) White board markers or flip chart stand, paper, & markers
- 4) Attendance Sheet for participants to sign-in
- 5) Handouts for participants - make/obtain copies of:
 - Handouts of presentation (slides printed 3 to a page, double sided)
 - COPD Action Plan (participant copy double sided, in colour) – to be obtained from Craig/Arle
 - Resources for Managing COPD handouts
 - Action Plan for Change and Problem Solving Steps handouts
 - Circle of Care booklets – to be obtained through Craig