Mental Health Nursing: Taking Action to Advance Care that Makes a Difference in the Lives of Others

The therapeutic relationship is at the core of psychiatric/mental health nursing. Yet how we engage in our relationship with others is influenced by our deep understanding of the diverse clinical, social and cultural experiences of the individuals and communities we serve.

The CFMHN invites psychiatric/mental health nurses from around the country to Winnipeg, Canada’s hub for human rights learning and discovery. The 2019 conference promises to inspire nurses through an immersive learning experience that will profile the voices of diverse and vulnerable populations. Through collaboration, advocacy, research and sharing of clinical knowledge and tools, we can make a difference in the lives of those we encounter in our communities and care settings.
How to Apply Online
Before you begin it may be helpful to have your abstract (up to 300 words) and a brief biography in MS Word format that you can cut and paste in to the appropriate sections of the online form. All abstracts must be submitted online – all information fields requested must be completed. Please visit www.cfmhn.ca for more information.

Sub Themes/Clusters
We welcome paper, poster and pre conference workshop abstracts that highlight innovations, advances and challenges. The themes below are intended to stimulate ideas and must relate to psychiatric, mental health and addictions nursing specialization across the continuum of care.

1. **Innovative care practices for diverse and vulnerable populations across the lifespan** (e.g. youth; elders; gender diversity; indigenous populations; people experiencing homelessness; refugees; individuals impacted by trauma, addictions, concurrent disorders or comorbid medical conditions; forensic populations; etc.)

2. **Engaging client, family and community voices in quality improvement and measurement of meaningful outcomes** (e.g. research innovations and collaborations with clients, families and community partners; client/family engagement in e-health strategies; treatment/quality/safety outcomes for our most vulnerable populations; peer support workers in research; etc.)

3. **Rethinking our traditional approaches to education and professional development** (e.g., re-imagining competencies for today’s mental health, addictions and forensic care settings; promoting cultural safety competencies; client/family voices in simulation and education innovations; education accessibility through technology; etc.)

4. **Engagement in advocacy and policy development** (e.g., Truth and Reconciliation Call to Action; the role of mental health nursing or consumer advocacy bodies; supporting client rights; opioid crisis response; cannabis legislation; ethics in mental health, addictions or forensic nursing care; influencing funding policies; health equity for diverse populations; the client/family voice in policy; etc.)

5. **Reimagining our workplaces as healthy care-spaces** (e.g., indigenous healing environments; innovations for connecting remote/rural/northern settings; “safe and well” workplaces; military settings; diversity in teams; secure recovery in forensic settings; home care in mental health; inner city care challenges, etc.)

Content
Your abstract should describe the innovation, issue or project in the first paragraph. Briefly describe the relevance of this initiative to one of the five sub themes of the conference. Include a summary of the key findings, conclusions or solutions and how they may be of relevance to professional colleagues in other mental health and addictions settings. Authors are expected to clearly outline key learning objectives for their presentation.

Selection Process
All abstracts received by the deadline date will be subjected to a “blind” peer review. Selection criteria include relevance to the conference themes, innovation or new learning, and application to Canadian mental health and addictions settings. This year, greater emphasis will be placed on presentations that highlight the unique contributions, achievements and outcomes in dynamic psychiatric, mental health and addictions nursing in the Canadian health care environment.

Notifications
All abstracts will be automatically acknowledged by email upon successful online submission. Selection will be completed and acknowledged by email by end of February, 2019.

Process
Successful authors must indicate their intent to present within two weeks of notification of acceptance to be included in the conference brochure and program.

Types of Presentation Opportunities
- **Concurrent Sessions**: 30 minutes inclusive of a questions period.
- **Posters**: Will be displayed throughout the conference with a dedicated reception for viewing.
- **Pre Conference Workshops**: Half day interactive workshops.

Other Information
All presenters are responsible for all expenses incurred and must register for the full conference. There will be approximately 55 papers, 30 posters, and 6 pre conference workshops.

DEADLINE FOR SUBMISSION IS MONDAY, JANUARY 21ST, 2019

For Additional Information
CFMHN 2019 Conference
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SUBMIT ONLINE AT WWW.CFMHN.CA