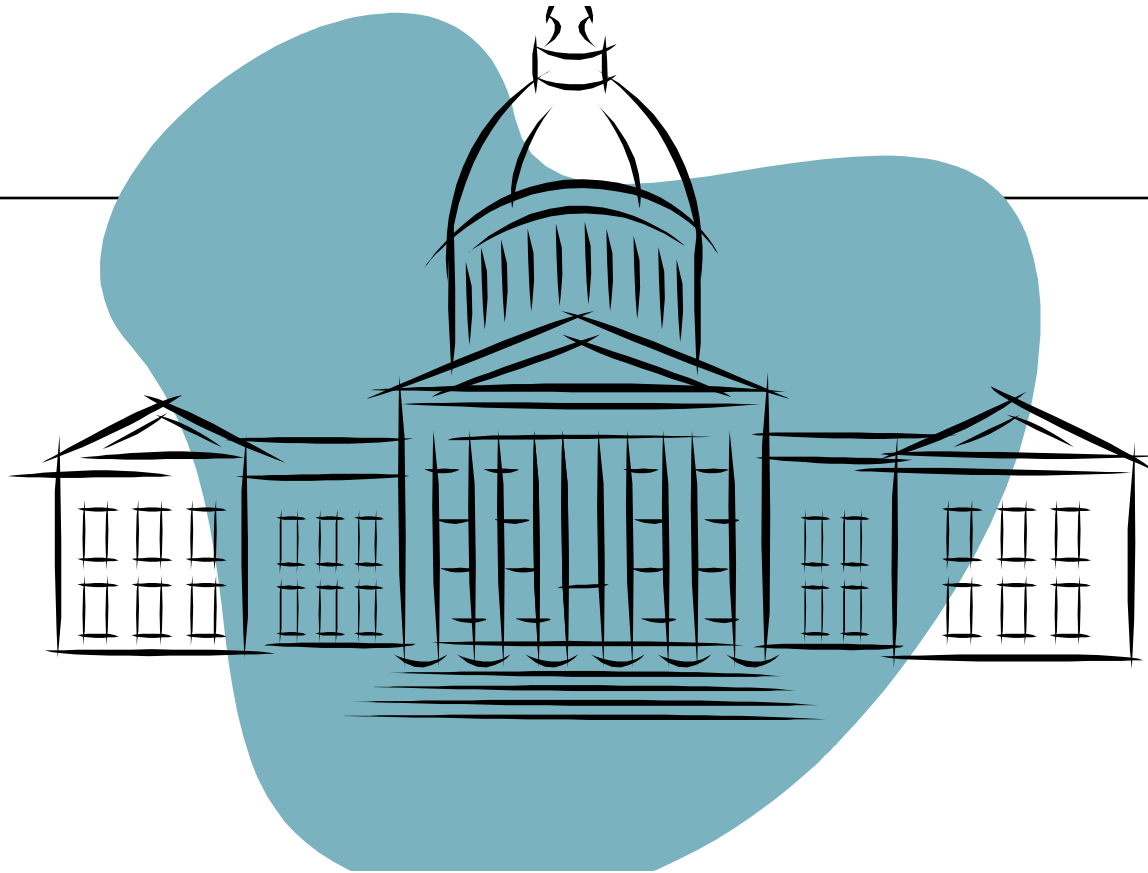




Winnipeg Pain Clinics: Then and Now

Pan Am Pain Clinic

Maureen Kennington RN BN,
November 3, 2014



Budget 2004: Government dedicated funds to bring down wait list times for Manitobans.

Pain Clinics: Then and Now

- In 2006, an attempt to open the Pain Clinic at Pan Am failed due to lack of medical coverage
- It was established in 2007 with 4-7 clinics being run per 5 day week
- Pan Am Pain Clinic works off the same waitlist as HSC. Currently the wait is anywhere from 9-14 months. At one point, it was as long as 4 years.

Pain Clinics: Then and Now

- Medically managed by Anesthesia
- 6 Anesthetists, 1 Physical Medicine Rehab MD, 1 General Practitioner with a special focus in pain management, 1 Pain Psychologist, 1 Physiotherapist, 2 EFT Nurses, 1 Health Care Aide, 2 Admin. Assistants and 1 Transcriptionist make up the Pan Am Pain Clinic Team

Pain Clinics: Then and Now

- Fluoro-Guided Procedures were undertaken 6-8 months after opening.
- Cervical Spine Rhizotomies, Sphenopalatine Ganglion Blocks and Stellate Ganglion Blocks were only done at HSC.
- Pan Am took over C-Spine Rhizotomies in 2009 but the Sphenopalatine and Stellate Ganglion Blocks remain at HSC due to the support/resources required



Pain Clinics: Then and Now

- Pan Am Pain Clinic coordinates care of clients with Complex Regional Pain Syndrome (CRPS)
- Block guided Physiotherapy treatments are offered at HSC only



Pain Clinics: Then and Now

- If a client is determined to be a candidate for Spinal Cord Neurostimulator, they are sent to HSC for implantation and management.





Pain Clinics: Then and Now

- At Pan Am Pain Clinic, we utilize Tele-health services as an option for rural Manitoba, Nunavut, and Northern Ontario Clients

Pain Clinics: Then and Now

- Our Pain Psychologist and Physiotherapist hold 2 day Pain Management Education sessions
- Review of general concepts: coping and stress management; activity, stretching and exercise; sleep hygiene as it relates to pain management



Pain Clinics: Then and Now

- Nurses in the clinic interview new and follow-up clients
- Provide counseling in appointments or over the phone in regards to medication titration and response, procedural response and general support for clients and families dealing with chronic pain management



Pain Clinics: Then and Now

- The Canadian Guidelines for Management of Chronic Non-Cancer Pain have been very helpful in the safe management of controlled medications.
- An ORT (Opioid Risk Tool) screening is administered to all of our new patients
- The use of random Urine Drug Screening and Opioid contracting assists in the management of controlled medications



Pain Clinics: Then and Now

FAQ

Medical Marijuana Licensure is not currently provided by our clinic

