



WINNIPEG HEALTH REGION

GLOSSARY OF HOUSING-RELATED TERMS

The Winnipeg Regional Health Authority (WRHA) developed the following Glossary of Terms to clarify frequently-used terminology related to housing and housing with support models/programs. This list was not meant to be exhaustive. Examples provided are specific to Winnipeg Health Region.

Manitoba Family Services and Housing (FSH)

- Manitoba government department that supports citizens in need to achieve fuller participation in society and attain greater self-sufficiency and independence.

Manitoba Housing Renewal Corporation (MHRC)

- Crown corporation with policy direction provided by Government.
- MHRC owns the province's public housing portfolio which provides rental housing for low-income seniors, singles, families and persons with special housing needs in Manitoba who could not otherwise afford adequate housing in the private rental market. MHRC also develops housing policies and delivers programs which provide affordable, adequate and suitable housing for residents of Manitoba.

Manitoba Housing Authority (MHA)

- Agency of MHRC which performs the property management function for approximately 13,000 public housing units.

Sponsor Managed Properties

- Public housing properties owned by MHRC but managed by non-profit community organizations to provide quality, affordable housing to low-income seniors, single persons, families and persons with special housing needs.
- Examples: Chez Nous and ArlingtonHaus

Non-Profit/Community Managed Properties

- Properties owned and managed by various non-profit community organizations to provide quality, affordable housing to low-income seniors, single persons, families and those with special housing needs who could not otherwise afford adequate housing in the private rental market.
- These organizations receive subsidy assistance through MHRC in order to provide affordable housing. The subsidy assistance varies between the different programs delivered under the National Housing Act. The terms and conditions of the assistance provided is defined in various Operating Agreements that are administered through MHRC.
- Examples: Villa Cabrini, McClure Place & KeKiNan

Life Lease

- Unique form of rental housing, usually aimed at tenants who are 55 years of age and older.
- A life lease is a written form of tenancy agreement for either the life of an individual, or for a specific term (usually 50 years). The tenant pays an entrance fee that is at least

95% refundable, and pays a monthly fee for maintenance and other expenses. Tenants and landlords are governed by the terms and conditions of *The Life Leases Act*, which was passed in 1998.

- May provide recreational facilities, security systems, and other amenities for the tenants.
 - Life Lease tenants are represented by a Board of Directors and thus have input into the management and operation of their building.
 - Examples: Kiwanis Chateau, Lindenlake Terrace, Fred Douglas, Colorado Estates, Agape Villa and Beauchemin Park Place
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Assisted Living

- Private arrangement between a landlord (sponsor) and an individual which combines independent apartment living with purchased services from the sponsor i.e. meals, laundry, and housekeeping.
 - On-site assistance and supervision may or may not be provided by the sponsor depending on the site
 - The individual pays for the rent and service package.
 - No referral or assessment is required.
 - Individuals have access to professional and non-professional WRHA services where eligible (eg. Home Care and Mental Health services).
 - Examples: Metropolitan Kiwanis Courts, Sterling House, Lions Manor, Amber Meadows and Dakota House
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Supportive Housing

- “Supportive Housing” is a generic term often used to describe housing with designated supports attached to a site/facility. Three types of “supportive housing” exist within Winnipeg Region:
 1. **WRHA Supportive Housing Program (for seniors)**
 - Target population: Individuals who require 24-hour support and supervision (primarily seniors with cognitive impairment).
 - Combines apartment living in group, community settings with personal support services and access to 24 hour support and supervision.
 - Eligibility assessed through the WRHA.
 - Supportive housing services are provided by a sponsor. Individuals pay the landlord/sponsor directly for the rent and service package.(meals, laundry and housekeeping). WRHA funds the care component.
 - Individuals have access to professional Home Care services where eligible.
 - Examples: ArlingtonHaus, Fred Douglas Heritage House, Lions Club Housing Centres, Residence Despins, Rosewood Retirement Community, Irene Baron Eden Centre and Harmony Court.
 2. **Supportive Housing (Mental Health Program)**
 - Housing specifically designed for individuals with mental health issues with designated supports attached to the site/facility.
 - Sites may include shared houses, shared apartments, or self-contained apartments in specified buildings. Example: Friends Housing Inc., New Directions
 3. **Specialized Supports**
 - Model provides services for individuals whose health and personal care needs require specialized supports to live in the community.
 - Target population: Individuals with complex health needs and/or challenging behaviors; young adults with physical disabilities; and persons with acquired brain injuries.
 - Eligibility assessed through the WRHA

- Specialized supports may be non site-specific ie. individualized service plans provided in a person's home, or site-specific ie. within designated community settings.
- Site-specific examples include: Housing For Assisted Living (HAL) located at 340 Princess Street; specialized supports for ventilator-dependent individuals at Ten Ten Sinclair Housing, Inc.; Integrated Supported Housing (10 mobility accessible suites with enhanced supports at 125 Carriage Rd.) and Brummitt-Feasby ALS House.

Supported Housing

- Supported Housing is housing with itinerant individualized support services available to individuals within any independent living setting.
- There is no on-site staff associated with these housing models.
- Examples of in-home support services include:
 - **Mental Health Supported Housing Services (publicly funded)**
Supported Housing Services are generally specific to individuals with a Mental Health diagnosis who require assistance to choose, get and keep housing. Supported Housing service providers assist their clients to acquire housing.
 - **Home Care (publicly funded)**
Home Care support services are available to persons who require personal care and assistance to safely manage within their own homes.
 - **Private Personal Support Services (privately funded)**
A variety of private services are available to individuals to provide in home support services to meet a variety of personal care and support needs.

Residential Care Facilities

- Family Services and Housing (FSH) licenses facilities that provide 24-hour on-site care and supervision (Residential Care Licensing Act).
- Three types of Residential Care Facilities exist:
 1. Community Living Program (individuals with developmental disabilities)
 2. Mental Health
 3. Aged and Infirm. (Note: Only one Aged and Infirm Residential Care Facility currently exists in Winnipeg ie. Thorvaldson Care Centre).
- Residential Care Facilities include:
 - **Licensed Residential Care:** (accommodate more than 2 people with no designated maximum) in a facility that provides room and board with supervision.
 - **Approved Residential Care:** (accommodate 1 to 3 people) within a family or foster home that provides room and board with supervision.
 - **Residential Rehabilitation and Treatment Settings:** Licensed Residential Care Settings with additional funding for Mental Health Support Services. Examples: Sara Riel and Haven.

Personal Care Home (PCH)

- A facility-based, congregate setting for individuals who can no longer be safely supported in their own community and require 24 hour care and supervision.
- Residents pay a daily residential rate (income-based).
- Eligibility assessment through the WRHA.
- Target population: Individuals who require 24-hour care and supervision.

Companion Care Program

- Sponsorship through WRHA.
- Provides an alternative to PCH for people who can no longer manage independently at home, require 24 hour care and supervision and prefer to live in a home like setting.

- Health and support services are provided to eligible individuals in the Companion Care provider's own home. Companion Care homes are WRHA-approved based on program standards.
 - Services include: 24 hour support and supervision, housekeeping and laundry, nutritious home cooked meals, assistance with personal care and medications, opportunities for social outings, and access to health consultation services.
 - Eligibility assessment through the WRHA.
 - Residents pay a residential rate (income-based), same as PCH.
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Transitional Housing

- Food and shelter arrangement that provides short-term and long-term accommodations with varying levels of support.
 - May be a day to day arrangement or for longer periods of time
 - Examples include:
 - **Hotels:** provide short term and long term accommodations (a short list of hotels are approved for payment by social assistance)
 - **Private Room and Board:** Facilities that provide unregulated accommodations (some with care)
 - **Hostel:** Hostel-type accommodations that provide short-term assistance while awaiting other accommodations (eg. Salvation Army – Men's and Women's)
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Residential Addictions Treatment

- Time limited residence often ranging from 21–90 day programs with focus on helping individuals recover from addiction issues. Compliance with the program is required.
 - Examples include: The Addictions Foundation of Manitoba (AFM), Tamarack Rehabilitation, and Salvation Army Anchorage and Behavioral Health Foundation
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Supports to Seniors in Group Living (SSGL)

- Enhanced support services provided to seniors in existing community congregate settings.
 - This model supports health promotion and independence with a goal of aging in place. There is no additional charge to tenants for this service.
 - Target population: Individuals (primarily seniors) who do not require 24-hour support and supervision.
 - Examples of seniors building complexes with SSGL include: Metropolitan Kiwanis Courts (2300 Ness), Lindenwood Manor, Donwood Manor and 4 Edison Property sites within Rivereast
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