



A monthly summary of activities and announcements relating to personal care in Winnipeg

Luther Home: RAI/MDS Pilot site revisited

During the first phase of the RAI/MDS Implementation Project several sites had offered to act as pilot sites. Luther Home was one of those sites and was featured in the September 2004 PCH View. It was a legacy move; to voluntarily become a test site for an electronic based assessment process. The Luther Home administration and staff had purposefully planned to be part of the regional roll out of this project and their story was told to the region in hope of setting a positive example to others.



Left to Right: Rhonda Edmonds, Super User; Carol Nickerson, RCM; Rebecca Siemens, Super User; Laurel Johnson, Super User is missing from the photo

Luther Home is now a full year into the implementation of the RAI/MDS. Their journey has been filled with full of unexpected opportunities and positive experiences. The team is proud to share their story and to give the region insight of their journey on the road to full electronic health record implementation.

Ray Koop, the CEO/DOC of Luther Home gives full credit to his team of caregivers and leaders for the successful implementation of, not only the RAI/MDS, but of the electronic health record that support the assessment tool. Commendation is given to the team of caregivers at all levels for their support and efforts.

The staff at Luther Home have been educated in the RAI/MDS assessment process and have successfully reached 100% of their goal for total implementation in their 80 bed PCH. Each resident has received an initial MDS assessment and quarterly assessments are currently undergoing. A few even have annual assessments on record. The MDS Coordinator, Andrea Murray-Francis, states that the focus at this time is data reliability and consistent interpretation of codes and assessment outcomes.

Since the initial regional pilot project for the implementation of the RAI/MDS, the staff has had the opportunity to learn an extensive electronic health record process. This computerized system, implemented at Luther Home, not only supports the RAI/MDS, but also manages a full health record of care. This includes Care Planning, Physician orders, Medication distribution, and all

aspects of charting resident services.

Continued on page 2

Welcome, Lori Lamont

I am pleased to announce that Ms. Lori Lamont has been selected as the successful candidate for the Personal Care Home Program Director position.

Lori has many years experience in community and long term care and was the Director of Resident Services at Deer Lodge Centre.

She officially took over as the program director on September 6th, 2005. Please join me in welcoming Lori to this new position.

Thank you

*Réal Cloutier
COO, DLC & Regional Vice President, Long Term Care*



Lori Lamont

Luther Home *Continued*

In September of 2004, Ray Koop stated that “computers will never replace people. But perhaps, they can help us do our jobs better.”

That philosophy continues to reign at Luther Home. The use of reports linked to the MDS assessment and the electronic health record are now in use for critical decision making in both administration and in resident care. The electronic system allows for immediate recording and interpretation of resident care and outcomes associated with it.

Ray Koop and his team should be very proud of their efforts. Embracing an electronic assessment and record can be a difficult challenge. The staff at Luther Home has been a great example of positive thinking and life-long learning.

Congratulations to the Luther Home administration and the care-giving team.

You may submit articles for [Personal Care Home View](#) by e-mail to Leanne Drad at ldrad@wrha.mb.ca

Preparation Workshop

Use of the Canadian Hospice Palliative Care

Association Resource:

“Training Program for Support Workers in Palliative Care”

This workshop is designed to prepare key PCH staff in the use of this excellent resource from CHPCA. Facilitated by Hospice & Palliative Care Manitoba, a Train-the-Trainer model will be used to equip staff to use the resource within their own PCH environment, tailoring the sessions to fit individual site needs.

November 3, 2005 – 1230 to 1630 hrs
Concordia Place Personal Care Home
1000 Molson Street, Winnipeg

- Bring the Training Manual to the workshop – cost \$140 non - CHPCA member, \$125 CHPCA member (order forms on page 5)
- Review the Training Manual prior to the session date.
- For more information, contact Marianne at 831-2136.

Sponsored by WRHA PCH Program
Refreshments will be served

See registration form on page 5 of this newsletter.
Please fax registration form to Natalie at 831-2915.

Management of Feeding & Swallowing Difficulties in PCHs **Train-the-Trainer Refresher**

Session Fall 2005

Wednesday, November 16, 2005

St. Joseph’s Residence

8:30 a.m. – 12:00 p.m.

Background

The WRHA policy on the “Management of Feeding and Swallowing Difficulties of Residents in Personal Care Homes” requires each facility to have at least one designated trainer for the Management of Feeding and Swallowing who is responsible for co-ordinating and providing the education and training on safe feeding and swallowing management. Designated leaders are required to attend an initial training session and then annual refreshers.

Course Eligibility

The target audience for this session is designated trainers in Management of Feeding and Swallowing. You must have attended an initial training session to register for this current workshop. If you have not attended the initial Train-the-Trainer session, it will be offered again in Spring 2006.

Content

This refresher workshop will provide trainers an opportunity to discuss Dysphagia, the implementation of the Management of Feeding and Swallowing policy, and the PCH-SLP service. Guest Speaker, Jean Helps, Clinical Nutrition Manager, Long Term Care Sector will discuss Nutrition in the Elderly with a focus on hydration.

To Register

Contact Christine Hurtubise, Clerk, PCH SLP Service at 831-2526

Registration deadline: Noon, the day before the workshop

Note: Limited to 18 participants

We want your stories!

Do you have news stories, resident profiles or successes in the services you deliver?

There are many great things happening in Personal Care Homes in Winnipeg, and we want to share stories from PCH’s with others through the PCH View. If you have questions about submitting articles, please contact Leanne Drad at 831-2963 or ldrad@wrha.mb.ca.

J.W. Crane Library available to personal care home staff

Many personal care homes have taken advantage of the Crane Library located at Deer Lodge Centre. For all your research and information needs, the library can help you. The Crane's collection houses over 10,000 books, monographs and reports, 800 audio-visual titles and 220 journals. The library can be contacted at:

J. W. Crane Memorial Library
Deer Lodge Centre; 2109 Portage Avenue
Winnipeg, Manitoba; R3J OL3
Tel: (204) 831-2152; FAX (204) 888-1805
E-mail: jwclib@deerlodge.mb.ca
Or on the web at www.deerlodge.mb.ca/library

Do you need information on a health topic?

The J. W. Crane Memorial Library at Deer Lodge Centre is now offering free literature search services and article delivery service for all Winnipeg personal care home staff.

Library staff will perform literature searches on your topic of interest, and provide a list of references and abstracts to journal articles, books and websites. You may then identify and request any articles, books or videos on this listing from the Library.

To request a literature search, e-mail, fax or phone Laurie Blanchard, Outreach Librarian at lblanchard@deerlodge.mb.ca, FX: (204) 888-1805 or by phone at (204) 831-2943.

Please include:

- your full name
- name and address of the personal care home where you work
- phone number
- the date you need the information by

Your search results will be better if you provide as many specific details about your search as possible, including:

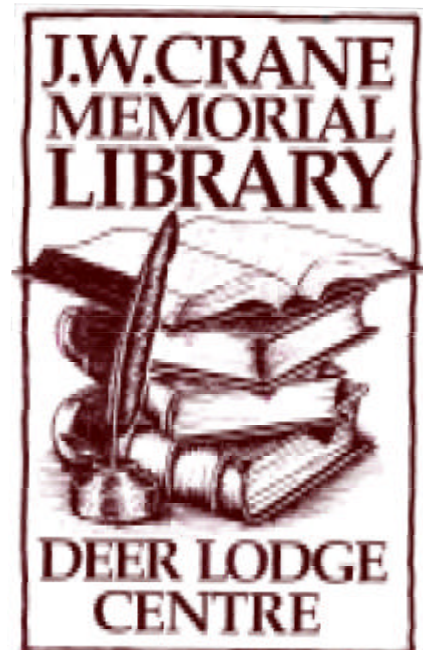
- any authors, or organizations you know about that have written on the topic
- whether you are interested in a specific format such as books, videos, journal articles, web sites
- the publication date range
(eg. current year, last 5 years)
- the purpose of your search (for a presentation, research project, course work, etc.)
- how you want your literature search delivered (by e-mail, fax or through the Medical Carrier System). Please note that due to copyright restrictions, journal articles cannot be e-mailed.

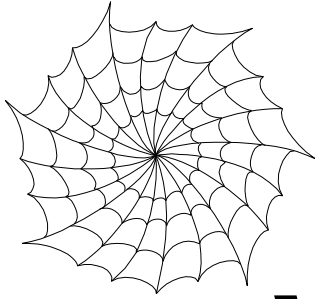
Reference Search Request forms are available on request.

More services will be available to personal care home staff in the future. These will be announced in future issues of PCH Views.

For further information contact:

Laurie Blanchard, 831-2943 or
Tania Gottschalk, 831-2107





Web Picks

from the J.W. Crane Memorial Library

This month's "Web Picks" focus
on the topic of

Wound Care

Ayello, E. A. Try this: best practices in nursing care to older adults. Predicting pressure ulcer risk. The Hartford Institute for Geriatric Nursing July 2003 (revised Jan 2004);1(5).

<http://www.hartfordign.org/publications/trythis/issue05.pdf>

Levine, Barbara. When skin breaks down: prevention of pressure ulcers for those at risk. GERO T.I.P.S. Online learning module.

www.nursing.upenn.edu/centers/hcgne/gero_tips/TLC/2_Pressure_Ulcers.htm

Oklahoma Foundation for Medical Quality. Nursing Home Quality Improvement: Pressure Ulcer Tools. Tools include a facility assessment checklist, a commitment flow sheet, PUSH tool, a pressure ulcer survey, and the Braden Risk Assessment tool.

http://www.ofmq.com/display_hci_project.php?id=52

Registered Nurses' Association of Ontario. Assessment and management of Stage I to IV pressure ulcers. Toronto: RNAO, 2002. [WR 568 R5956 2003].

Also available in PDF at

http://www.rnao.org/bestpractices/PDF/BPG_Pressure_Ulcer.pdf

The Crane library has also prepared a bibliography of current literature related to "pressure ulcers" as part of the "Current Perspectives" series. Visit the following link to obtain a copy:

http://www.deerlodge.mb.ca/crane_library/publication.asp

And don't forget: If you're interested in this or any other healthcare related topic, the J. W. Crane Memorial Library at Deer Lodge Centre is now offering free literature search services and article delivery service for all Winnipeg personal care home staff.

Library staff will perform literature searches on your topic of interest, and provide a list of references and abstracts to journal articles, books and websites. You may then identify and request any articles, books or videos on this listing from the Library.

To request a literature search, e-mail, fax or phone Laurie Blanchard, Outreach Librarian at lblanchard@deerlodge.mb.ca, FX: (204) 831-2152 or by phone at (204) 831-2943.

"Web Picks" highlights recent web-based resources of interest to staff working in long term care settings. If you have difficulty accessing any of the links provided, or need help in locating web - based or other resources in your particular area of interest, please let us know.

Need more information? Check the Crane Library catalogue http://www.deerlodge.mb.ca/crane_library/search_catalogue.asp for additional print, video or web based resources in your area of interest, or contact library staff for assistance at 831-2943.

REGISTRATION FORM

Preparation Workshop

“A Training Program for Support Workers in Palliative Care”

(Resource from the Canadian Hospice Palliative Care Association)

Workshop is facilitated by Hospice & Palliative Care Manitoba, and is designed to prepare key PCH staff in the use of this excellent resource. Using a Train the Trainer model, these key staff will be equipped to utilize the CHPCA resource within their own PCH environment, tailoring the sessions to fit individual site needs. For more information, contact Marianne at 831-2136.

- ❖ **Bring the Training Manual to the workshop – cost \$140 non-CHPCA member, \$125 CHPCA member (see attached order forms). If you are sending more than one trainer, it is acceptable to share the Training Manual.**
- ❖ **Please review the Training Manual before the session.**

Name of Participant: _____

Facility: _____ Phone Number: _____

Date of Session you are registering for: **June 9, 2005** **November 3, 2005**
(Registration will be confirmed - limited to 40 participants each session)

Educational Background (ie LPN, RN, BN, BSW, MN): _____

Current Position: _____

Please provide detail of your experience as an educator: _____

Did you attend any of the WRHA End-of-Life Care Education Sessions? Yes No

Have you attended the annual Provincial Hospice Palliative Care Conference? Yes No

What are your expectations of this workshop? _____

Please fax registration form to Natalie at 831-2915

Sponsored by WRHA Personal Care Home Program