

October –December  
2014



*Healthy Smile  
Happy Child*

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## **Interlake-Eastern Regional Health Authority**

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Promoted Telehealth sessions to internal and community partners. One team member attended the December 2014 Telehealth session., “Dental Truths & Myths Revealed”.

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## **Southern Health / Santé Sud**

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As a result of the provincial RHA amalgamation there is now one staff person sitting on the HSHC steering committee representing Southern Health-Santé Sud.

We are continuing to explore ways to incorporate oral health within existing programs. Public Health and Healthy Living programs, in particular, focus on early childhood caries prevention through baby visits, healthy baby programs and Families First parental connections. Within communities, Healthy Living staff members provide an oral health lens to needs identification and community programs. In Primary Care, dietitians provide information and resources to help promote oral health. The newly established Mobile Clinic has been provided with HSHC resources to share with clients.

The HSHC Coordinator continues to keep staff updated with current information and resources. Five staff members participated in the December 2014 Telehealth session, “Dental Truths & Myths Revealed” offered by HSHC. Further staff updating is done as the need arises.



## Prairie Mountain Health

- ◆ A list of committee members working on the provincial nutrition resource “Feeding Your Child ages 1-5” was sent to the provincial dentist to ensure that dental health messages will be included.
- ◆ Six staff from the Parkland area attended the telehealth education session on “Dental Myths and Truths Revealed”.
- ◆ Shared the updated information on the Anticipatory Guidance cards on dental topics with the Public Health Manager for possible use in child health clinic.
- ◆ A daycare in Brandon borrowed the dental tool kit for a week in November to promote dental health amongst children and parents.
- ◆ Seventeen Prairie Mountain Health staff (including Public Health, Families First and Health Promotion) in Brandon participated in the “Dental Truths & Myths Revealed” telehealth session. Another member from McCreary and two from Swan River also participated.
- ◆ A daycare in Brandon borrowed the dental tool kit for a week in November to promote dental health amongst children and parents.
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## Winnipeg Regional Health Authority (includes Churchill)

In Churchill, HSHC Posters were hung in the community and were also added to the Primary Care Clinic Rooms. “Lift the Lip” continues to be shared in Well Child Clinics. “Preventing Tooth Decay in Children” kit has been set up in the Health Centre hallway for the community to view.

In River Heights/Fort Rouge, toothbrushes are being included in “Welcome Bags”, given to participants, when attending events in the community.

AccessNor’West had an oral health session with their Bright Start program.



## Other Provinces/North America

North Bay Parry Sound District Health Unit in Ontario requested Dr. Schroth's and HSHC's feedback on their Anticipatory Guidance packages to be distributed to parents of young children when they come to the Health Unit to be immunized.

## Provincial HSHC Partnership Activities

The 10<sup>th</sup> HSHC Manitoba Telehealth presentation series entitled "Dental Truths & Myths Revealed" took place on December 2, 2014. Ms. Mary Bertone presented the topic to a total of 11 sites and 44 individuals via Manitoba Telehealth. Many commented on the relevance of the topic and the myths being covered as they are myths that are currently being mentioned by clients.

CE credit has been approved by the Manitoba Dental Association for dentists and dental assistants attending HSHC telehealth sessions.

HSHC team members participated in the following community activities during this quarter:

- ◆ Coordinator contacted each of the WRHA Community Facilitators to establish links in their community areas.
- ◆ October 22 – Newcomers Oral Health Screening at Healthy Start for Mom & Me. Participated in the screening and was introduced to the Prenatal Program Coordinator.
- ◆ October 27 – Pilot test of Newcomers resource at IRCOM.
- ◆ November 13 – Meeting with Health Promotion Specialist, Centre for Community Oral Health to discuss our roles and possible collaboration.
- ◆ November 21 – Participated at the Health Fair at Seven Oaks Adult Learning Centre.
- ◆ November 25 – Met with the Executive Director of Settlement at the Hospitality House Refugee Ministry to provide HSHC information and support.
- ◆ November 28 – Meeting with COHI Coordinator and Acting Preventive Dental Programs Coordinator at First Nations Inuit Health to discuss the activities and programs in First Nations communities.



## Provincial HSHC Partnership Activities continued

December 4 – Brooklands School Health Fair

- ◆ Team members played the “Wheel of Smiles” game with participants. They discussed healthy dental habits for children with caregivers and distributed HSHC resources to participants and toothbrushes to children 1-11 years old. This was the first time the HSHC team has attended this event. There was a good flow of caregivers and children of all ages. The “Wheel” and puppet were excellent ways to draw people to the HSHC table.



**STEP Students participate at the Brooklands School Health Fair**

- ◆ December 5 – The HSHC STEP students were guests on Breakfast Television Winnipeg
  - ◇ Team members discussed rates of oral surgery and the HSHC Initiative. Using one of the puppets, they demonstrated how to properly brush teeth and highlighted HSHC key messages.



## Provincial HSHC Partnership Activities continued



**STEP students on Breakfast Television Winnipeg**

- ◆ December 16 – Presented to Kiivalliq Prenatal group (Coral Harbour and Rankin Inlet). Using the HSHC “Oral Health Tool Kit”, team members discussed infant oral health with a prenatal women’s group from Nunavut.
- ◆ December 18 – Attended the Inkster Neighbourhood Network meeting in order to learn more about community activities and groups to link with. Was invited back to present on HSHC in the New Year.

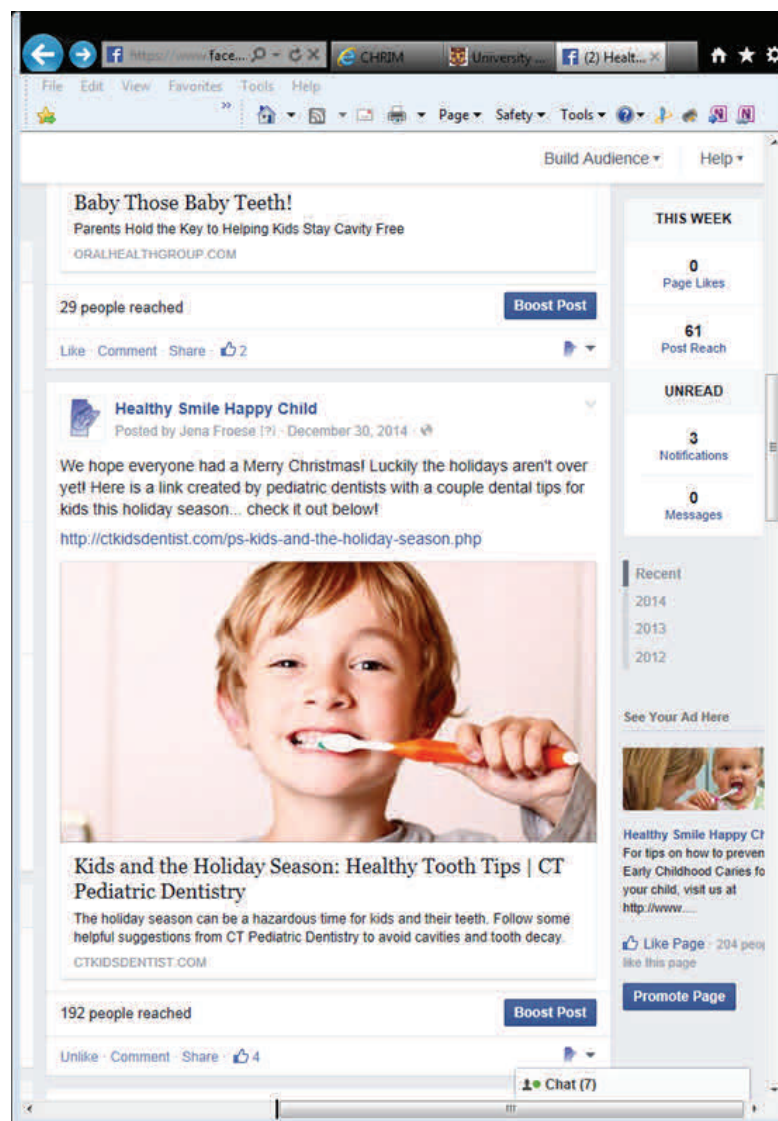
Members of the HSHC partnership are part of the First Nations Health and Social Secretariat of Manitoba’s (FNHSSM) CIHR funded Partners for Engagement and Knowledge Exchange (PEKE). This PEKE includes an oral health team.



## STEP Student Contributions

The three current STEP student positions are supported by Manitoba Health. Their activities include the following:

- ◆ Updating and promoting the HSHC Facebook page; the goal is to have weekly messaging and updates. Presently, there are 203 likes to the HSHC Facebook page.



HSHC Facebook Page



## STEP Student Contributions continued

- ◆ Setting up a Twitter account for HSHC.
- ◆ Assembling *Pearly Whites* packages for ages 4-6, 6-12 and 13-18 year olds.
- ◆ Delivering *Pearly Whites* oral hygiene packages to the different wards of the Winnipeg Children's Hospital.
- ◆ The HSHC Breastfeeding Poster was revised by the STEP students and HSHC Coordinator in time to be used for Breastfeeding month in October. The poster has been put online, replacing the existing poster.
- ◆ Following up on Public Health Nurses concern regarding teething and fevers/rashes/diarrhea information from December "Dental Myths and Truths Revealed" Telehealth presentation. Reviewed journal articles and information from professional dental organizations to further clarify presentation content.
- ◆ Promoted the 11th MBTelehealth Presentation session by creating an informational newsletter. Newsletter was emailed to the RHA contacts to be sent out to various Health Care Providers and/or placed in their RHA's newsletter.
- ◆ Did preliminary research for 11th MBTelehealth Presentation session:
  - ◇ Topic: "Healthy Eating, Healthy Teeth"
- ◆ Participated at the Brooklands Health Fair on December 4<sup>th</sup>.
- ◆ Participated in the Kivalliq Prenatal Group presentation on December 16<sup>th</sup>.
- ◆ Completed poster to address high risk populations' use of toothpaste and new oral health resources for engaging at Parenting Groups education sessions.
- ◆ Printed new copies of Lift the Lip Pamphlet.
- ◆ Priced out a vertical and horizontal HSHC banner to use at fairs and events.





## Feedback/Evaluation/Research

### Manuscripts published or accepted for publication in this quarter:

#### Published:

Amin M, Elyasi M, **Schroth R**, Azarpazhooh A, Compton S, Keenan L, Wolfe R. Improving Oral Health of Young Children of Newcomer Families: A Forum for Community Members, Researchers, and Policy-Makers. J Can Dent Assoc 2014;80:e64.

**Schroth RJ**, Pang J, Levi J, Martens P, Brownell M. Trends in pediatric dental day surgery for Severe Early Childhood Caries in Manitoba, Canada. J Can Dent Assoc 2014;80:e65.

#### Accepted:

**Schroth RJ**, McNally M, Harrison R. Pathway to oral health equity for First Nations, Métis, and Inuit Canadians: knowledge exchange workshop. J Can Dent Assoc 2015:80:f1.

**Schroth RJ**, Boparai G, Boparai M, Zhang L, Svitlica M, Jacob L, Stein L, Lekic C on behalf of the Manitoba Dental Association. Tracking Early Visits to the Dentist: a look at the first 3 years of the Manitoba Dental Association's Free First Visit Program. J Can Dent Assoc. 2014 (**Accepted for publication**)

**Schroth RJ**, Quinonez R, Yaffe AB, Bertone MF, Hardwick FK, Harrison RL. What are Canadian dental professional students taught about Infant, Toddler, and Prenatal Oral Health? J Can Dent Assoc. (**Accepted for publication**)

### Manuscripts submitted/revised and under consideration for publication in this quarter:

Wong PD, Birken CS, Parkin PC, Chen Y, **Schroth RJ**, Maguire JL, and the TARGet Kids! Collaboration. Association between total duration of breastfeeding and dental caries in healthy urban children. Pediatrics.

**Schroth RJ**, Rabbani R, Loewen G, Moffatt ME. Vitamin D and dental caries in Canadian children. Pediatrics.

**Schroth RJ**. Early Childhood Caries: practical tips for the dental team. Spectrum Dental Teamwork.



## Feedback/Evaluation/Research continued

Roos LL, Dragan R, **Schroth RJ**. Pediatric Ambulatory Care Sensitive Conditions: Problems with the Concept. Health Services Research.

**Schroth RJ**, Guenther K, Ndayisenga S, Marchessault G, Prowse S, Hai-Santiago K, Edwards JM, Moffatt ME, Manitoba Dental Association. Dentists' Perspectives on the Manitoba Dental Association's Free First Visit Program. J Can Dent Assoc.

**Schroth RJ**, Ndayisenga S, Guenther K, Marchessault G, Prowse S, Hai-Santiago K, Edwards JM, Moffatt ME, and the Manitoba Dental Association. Parents' Perspectives on the Manitoba Dental Association's Free First Visit Program. J Can Dent Assoc.

Davidson K, **Schroth RJ**, Levi JA, Yaffe AB, Mittermuller B, Sellers EA. Body mass index of children with severe early childhood caries in Manitoba, Canada: a case-control study. BMC Pediatrics.

### Poster presentation:

Lawrence HP, Cidro J, Isaac-Mann S, Peressini S, Maar M, **Schroth R**, Broughton J, Jamieson L, Norman C, Hoffman-Goetz L, the Baby Teeth Talk Study Team. Traditional culture and oral health outcomes among pregnant Indigenous Canadians (Abstract CA33). International Network of Indigenous Health Knowledge and Development (INIHKD) and Manitoba NEAHR Conference 2014. October 7, 2014. Winnipeg, MB.

### Oral Presentations:

**Schroth RJ**, McNally ME, Harrison RL, Kliewer E. Highlights from the pathway to oral health equity for First Nations, Metis, and Inuit Canadians knowledge exchange workshop (Abstract CA 105). International Network of Indigenous Health Knowledge and Development (INIHKD) and Manitoba NEAHR Conference 2014. October 9, 2014. Winnipeg, MB.

Martin D, Chartier M, **Schroth R**, Swann B. Addressing oral health disparities among Indigenous children (Abstract CA 34). International Network of Indigenous Health Knowledge and Development (INIHKD) and Manitoba NEAHR Conference 2014. October 6, 2014. Winnipeg, MB.



## Planning for Next Quarter (January - March 2015)

- ◆ Planning for the HSHC display at the MDA's 131st Annual Meeting & Convention, April 17th & 18th, 2015 in Brandon, Manitoba.
- ◆ The 11<sup>th</sup> HSHC Manitoba Telehealth presentation series entitled "Healthy Eating, Healthy Teeth" is being planned for March 10<sup>th</sup>.
- ◆ Finalizing the pictorial oral health resource for newcomers.
- ◆ Creating an oral health for preschoolers PowerPoint presentation for newcomers.
- ◆ Continue to promote HSHC and early childhood oral health through Facebook and Twitter.
- ◆ Continue to work with Manitoba Telehealth. This includes offering a variety of oral health topics to increase use of Telehealth to rural and remote areas to disseminate information, resources and training.
- ◆ Updating the HSHC information card to be used as a resource for building awareness of HSHC and informing the public on the cost of oral health surgery in Canada.
- ◆ Planning for oral health month by exploring ways we can build awareness of early childhood oral health (ie. Media, newspaper articles). Have contacted the WRHA to see if they are willing to feature articles on oral health in the Winnipeg Free Press during April.
- ◆ Planning how HSHC will assist with the FNHSSM PEKE webinar on oral health for April 2015.
- ◆ Planning presentations in the community.

