ᑭᒍᓯᓇᓗᑦ

ᐃᑲᔪᕈᑎᑦ ᐊᒪᓗ ᑐᑭᓯᒋᐊᕐᓯᐊᕈᑏᑦ ᐃᓚᒌᓄᑦ

ᓄᑦᕿᐃᑦ ᑭᒍᓯᓇᔭᐅᓂᐅᔭᖕᒪᑦ ᐅᑦᓗᓐᓂᑦ ᑭᒍᓯᓇᔭᐅᓂᑯᖕᒪᑦ, ᑭᒍᓯᓇᓗᑦ ᐊᕿᖃᑦᑕᖅᑐᑦ ᐊᐅᓂᖃᖅᑐᓂᒃ ᑭᒍᑎᓂᒃ. ᑭᓯᐊᓂ ᑭᒍᒃᑯᑦ ᓄᑖᓂᒃ ᐊᐅᓂᖅᑖᖃᑦᑕᖅᑐᑦ. ᓄᑦᕿᐃᑦ ᑭᒍᑎᖕᑦ ᑲᒪᒋᑦᓯᐊᕈᐃᒋᑦ ᐊᐅᓂᖅᑖᖃᑦᑕᕈᓂᕐᔭᖅᑐᑦ

ᑕᑦᑯᐊ ᒪᓕᒍᓐᓇᖅᐸᑎᑦ ᖃᓄᖅ ᓄᑦᕿᖅᐱᑦ ᑭᒍᑎᖕᑦ ᑲᒪᒋᑦᓯᐊᑲᓂᕈᓇᖕᒪᖕᖓᖅᐱᒋᑦ

- ᐱᒪᓇᐅᑦᑐᖅ ᓄᑦᕿᐃᑦ ᑭᒍᓯᓇᓗᓄᑦ ᑕᑯᔭᐅᑎᑲᐅᑎᒋᖃᑦᑕᕈᐃᐅᒃ ᑭᒍᓯᓇᔭᐅᓂᑯᓕᖅᑎᓗᒍ.
- ᐊᑕᐅᓯᕐᒥᒃ ᐅᑭᐅᖃᓕᖅᑎᓗᒍ ᑭᒍᓯᓇᓗᓄᑦ ᑕᑯᔭᐅᑎᑲᐅᑎᒋᒍᐃᐅᒃ ᓄᑦᕿᐃᑦ ᐱᐅᓂᖅᓴᐅᒐᔭᖅᑐᖅ ᑭᒍᓯᓇᓕᖅᑐᐱᓂᐅᑉᑦ ᖃᐅᔨᔭᐅᑲᐅᑎᒋᖕᒪᔭᖕᒪᑦ. ᖃᓄᑦᓗ ᑲᒪᒋᑦᓯᐊᑲᓂᕈᓇᖕᒪᖕᖓᖅᐱᐅᒃ ᖃᓂᖕᒪ ᑭᒍᑎᖕᒋᓪᓗ ᐅᖃᖃᑎᒋᔭᐅᓇᔭᕋᐱᑦ
- ᓄᑦᕿᐃᑦ ᐅᑭᐅᖃᓕᖅᐸᑦ ᓴᓕᓂᒃ ᓯᑕᒪᓂᓗ ᐊᒪᒪᐅᑎᒥᒃ ᓄᖅᖃᖅᑎᒋᐊᑦᓗᒍ
- ᑭᒍᑎᓯᐅᖃᑦᑕᑦᓗᒋᑦ ᐃᑭᖅᑑᑎᖃᖅᑐᒧᑦ ᒪᕈᐃᖅᑕᑦᓗᒍ ᐅᑦᓗᖅ ᐊᑕᐅᓯᖅ. ᓯᓂᓂᐊᓕᖅᐸᑦ ᐱᓗᐊᖅᑐᒥᒃ. ᑭᒍᑎᓯᐅᑦ ᒥᑭᑦᑑᓗᒍ ᕿᑎᕈᑦᓕᐅᔭᖅᑎᑦ ᐱᖓᓱᓂᒃ ᐅᑭᐅᖃᓕᒪᐅᖃᖅᑎᓇᒍ. ᐱᖓᓱᓂᒃ ᐅᑭᐅᖃᓕᖅᐸᑦ ᓄᓇᕋᖅᑎᑦ ᐅᔭᐅᔭᓂᒃ ᑲᓚᓐᑦ ᐊᒪᓗᖅᑐᑦ ᐅᖓᓂᖓᑎᑦ ᑭᒍᑎᓯᐅᑎᒥᒃ ᐅᑐᖅᑎᖃᑦᑕᑦᓗᒍ.
- ᓄᑦᕿᐃᑦ ᑭᒍᑎᓯᐅᖅᑎᓗᒍ ᐃᑲᔪᖃᑕᒃ ᐊᕐᕕᓂᓚᑦ ᐱᖓᓱᓂᒃ ᐅᑭᐅᖃᓕᕐᓯᓂᖓᓂ.
- ᓄᑦᕿᐃᑦ ᓂᕿᖅᓯᐊᐸᓂᒃ, ᐃᒪᕐᓯᐊᐸᒥᓗ ᓂᕆᑎᒋᐊᖃᑦᑕᒃ ᓯᐅᕋᐅᔭᖃᖅᓴᑦᑐᓂᒃ. ᓯᐅᕋᐅᔭᖅᑐᖅᑐᓂᒃ ᓂᕆᓇᔭᕐᓂᖅᐸᑦ ᓂᕆᖅᓇᕐᒥ ᑭᓯᐊᓂ ᓂᕆᑎᖃᑦᑕᑦᓗᒍ ᓯᐅᕋᐅᔭᖃᖅᑐᓂᒃ.

ᐃᑲᔪᖅᑕᐅᒍᒪᓇᔭᕐᓂᕈᐱᑦ ᖃᓄᖅ ᑲᒪᒋᑦᓯᐊᑲᓂᕈᓇᖕᒪᖕᖓᑦᐱᐅᒃ ᓄᑦᕿᐃᑦ ᐃᓚᑎᓗᖅᓃᑦ ᑭᒍᑎᖕᑦ, ᖃᓂᖕᒪᓗᖅᓃᑦ ᐅᖃᓗᒍᖅᓇᖅᐳᑎᑦ ᓇᓕᐊᓄᑐᐃᓇᖅ (ᑎᑎᕋᖅᓯᒪᔪᖅ ᑕᑦᓯᒪ ᐊᓕᓚᔪᑦ ᑐᓄᐊᓂ):

ᐱᓕᓇᔭᐅᑦ ᐊᑎᓕᐅᕐᐱᖕᒪᖕ: _____

ᑐᑭᓯᒋᐅᕐᐱᖕᒪᖅ: _____

ᐅᖃᓗᑎᐊ: _____

Health Links - Info Santé Phone: (204) 788-8200 Toll free: 1-888-315-9257	**Manitoba Dental Association** Phone: (204) 988-5300 Web: www.manitobadentist.ca Email: office@manitobadentist.ca
Healthy Smile Happy Child Phone: (204) 789-3500 Email: hshcinfo@chrim.ca Web: www.wrha.mb.ca/healthinfo/preventill/oral_child.php	

Manitoba Health

July 2015

ᒪᓂᑐᐸᒥ ᐊᓂᐊᓐᑐᓕᕆᔨᑦ ᓇᓴᐅᑎᖏᑦ

ᑕᑕᑎᒋᒃ ᑕᓐᓇ ᐊᓕᓚᔅᖓ ᓯᑐᓕᓐᔅᖓ ᓇᓗᓇᐃᒋᒃ ᓇᓂᕐᒥᐅᑕᐅᒪᔅᖓᑦ ᓄᑕᕋᐃᓐ (ᐊᒻᒪᓗᓐᓯᓗᒍ)

Northern Regional Health Authority

THOMPSON
Contact**: Laurie Vallance**
Phone: (204) 778-1561
Email: lvallance@nrha.ca

Southern Health – Santé Sud

SOUTHPORT
Contact**: Dianna Meseyton-Neufeld**
Phone: (204) 871-6735
Email: dneufeld@southernhealth.ca

Interlake-Eastern Regional Health Authority

RIVERTON
Contact: **Pamela Nordal**
Phone: (204) 378-2460, Ext 7
Email: pnordal@ierha.ca

PINE FALLS
Contact: **Michelle Berthelette**
Phone: (204) 367-5402
Email: mberthelette@ierha.ca

Winnipeg Regional Health Authority

WINNIPEG
Contact: **Jeanette Edwards**
Phone: (204) 792-9577
Email: jedwards@whra.mb.ca
Contact: **Madeline Kohut**
Phone: (204) 791-7848

CHURCHILL
Contact: **Shanna Cowley**
Phone: (204) 675-8327
Email: scowley@wrha-ch.ca

Prairie Mountain Health

DAUPHIN
Contact: **Holly Reimer**
Phone: 204-629-3002 (In region: 6002)
Email: hreimer1@pmh-mb.ca

HAMIOTA
Contact**: Antoinette Gravel-Ouellette**
Phone: (204) 764-2412, Ext 220
Email: agravelouellette@pmh-mb.ca

BRANDON
Contact**: Vanessa Hamilton**
Phone: (204) 578-2195
Email: vhamilton@pmh-mb.ca