Caring for Children’s Teeth

- Look in child’s mouth
- Brush child’s teeth 2 times every day
- Eat food good for teeth
- Go to a Dentist
- Like your smile

http://www.wrha.mb.ca/healthinfo/preventill/oral_child.php
Look in child’s mouth

Healthy teeth.
Go to a dentist.

Look for white spots.
Cavities starting.
Go to a dentist.

Look for brown spots.
Cavities getting bigger.
Go to a dentist.

Broken teeth from cavities.
Go to a dentist.

Tooth images courtesy of Alberta Health Services
Morning and bed time
with toothpaste
for 2 minutes.

Age 0-3 years
Age 3-6 years

Brush your child’s teeth 2 times every day

http://www.wrha.mb.ca/healthinfo/preventill/oral_child.php
Eat food that is good for your teeth
Go to a Dentist

Start to take your child when they are 1 year old.

http://www.wrha.mb.ca/healthinfo/preventill/oral_child.php
Like your smile 🌟

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