**The Big Picture: IDNT in Electronic Records**

**What is IDNT?**

The International Dietetics Nutrition Terminology is a standardized language used by dietitians to communicate assessment, nutrition diagnosis, intervention, monitoring and evaluation based on the nutrition care process model.

- **Nutrition Assessment/Monitoring & Evaluation**
  - 6 categories: Food/Nutrition Related History, Anthropometric Measurements, Biochemical Data, Medical Tests, Procedures, Nutrition-Focused Physical Findings, Client History, Comparative standards
- **Nutrition Diagnosis**
  - 3 categories: Intake, Clinical, Behavioral-Environmental
- **Nutrition Intervention**
  - 4 categories: Food & Nutrient Delivery, Nutrition Education, Nutrition Counseling, Coordination of Nutrition Care
- **Nutrition Monitoring and Evaluating**
  - 4 categories: Food/Nutrition Related History Outcomes, Anthropometric Measurement Outcomes, Biochemical Data, Medical tests, & Procedures Outcomes, Nutrition-Focused Physical Findings Outcomes
Why use IDNT?


How does one proceed to include IDNT in Electronic Health Records?

The Academy of Nutrition and Dietetics (Academy) holds the copyright for the International Dietetics and Nutrition Terminology (IDNT), the standardized language used for the Nutrition Care Process. Use of the Terminology in any product – including an EHR – requires a license.

1. **Permission and Support for use of IDNT**
   - Contact the Academy of Nutrition and Dietetics for permission to license the IDNT for inclusion in your EHR. Licensing fees start at $165 per facility site. The application form is available on the Academy’s website: [www.eatright.org](http://www.eatright.org) /Health Professionals/Resources for Health Practitioners/Nutrition Care Process
   - Scroll to the bottom of the page, download the form and email the completed form to ncp@eatright.org.
   - A contract and invoice will be emailed to you.
   - You will be provided with support materials that include:
     - Excel spreadsheet of terms, term abbreviations (required by some EHR builders)
     - Subscription to the online version of the current edition IDNT Reference Manual.


2. **Provides a customized “Road map” to guide you to the most critical activities for your stage of implementation.**
   - Access to more than 15 tools and examples developed by experts to start or modify an EHR incorporating the IDNT.
   - Includes tool (Resource J) for multiple users at the same of different sites to identity the preferred terms for inclusion in the EHR

3. **Access the International Community for Dietetics and Nutrition Terminology website for more information and relevant resources for the NCP-SL and IDNT:** [http://icdnt.webauthor.com/](http://icdnt.webauthor.com/)

### Stakeholder | Potential Benefits of incorporating the NCP/IDNT
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**RD/Dietetics Staff** | • More productive time caring for patients through a focused approach  
• Improved quality of care
**MD, RN, HCP** | • Common language is the basis of relationships, partnerships and building trust  
• Communication and coordination of patient care  
• Criteria used for the evaluation of care  
• Continuity of care with patient transition/transfer  
• Language crosses sectors (long term care, community and acute care)
**Quality Improvement Staff** | • Improved patient care  
• Improved program designs  
• QI streamlining  
• Clearer outcomes and impact of care  
• Quality data for QI and research
**Administrators** | • Savings in time due to increased efficiency  
• Consistency of care and documentation for accreditation  
• Improved decision support reporting
4. Canada Health Infoway Standards Collaborative (SC) InfoCentral wiki https://infocentral.infoway-inforoute.ca/ is the Canadian source for standard terminologies (e.g. SNOMED CT (SCT), SCT Canadian extension, LOINC, and pCLOCD), see your province/territory health ministry/agency electronic health record for health information standards specific guidance and contacts (e.g. eChart Manitoba, eHealth Ontario, Alberta Health, etc.).