

Quality

focus

IMPROVING WRHA CLINICAL NUTRITION SERVICES IN ACUTE CARE,
COMMUNITY AND LONG TERM CARE.
SUPPORTING THE GROWTH OF CLINICAL & COMMUNITY DIETITIANS.

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It is exciting to see that out of the vision of Clinical Nutrition practitioners and leaders, priorities are set, plans are developed, steps are taken and positive sustainable quality outcomes are achieved.

A lot of hard work continues to ensure that the WRHA – Nutrition and Food Services Clinical Strategic Plan is moving forward, ensuring a program of high standards, best practice and nutrition promotion which will ultimately improve the overall health of our community.

Goals are SMART...Specific, Measurable, Achievable, Realistic and Timely.

“Vision without action is a dream. Action without vision is simply passing the time. Action with vision is making a positive difference.” – Joel Barker

Thank you for your vision, inspiration and hard work!

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On the Road Again!! Mapping Our Future

The Clinical Nutrition Quality Team has been very busy in the past 2 years building our new Quality Roadmap for 2012-2013 and 2013-2014.

At Vision Day on November 19, 2010 you voted (via risk assessment) to determine what are our priority issues. The following quality issues have been integrated into our strategic plan:

- 1) Access to Service and Client Health Information
 - a. develop an inventory of clinical nutrition services in the Winnipeg region by community area
 - b. develop a standardized referral form and process
 - c. to facilitate navigation to nutrition services
- 2) Clinical Documentation/ Integration of Nutrition Care Process in Practice
 - a. To integrate NCP into dietetic practice via follow-up documentation
 - b. To integrate assessment/monitoring & evaluation IDNT language into practice
 - c. To integrate SGA into nutrition assessments
 - d. To develop Health Behaviour Change skills

- 3) Optimize Nutrition Intake
 - a. To determine feasibility and effectiveness of a med-pass program in an acute care environment
 - b. Develop process, scales/tools for assessing intake
 - c. Determine effective calorie count process
 - d. Procure nutrient dense foods
 - e. Increase awareness of intake/malnutrition
 - f. Advocate for adequate resources for people living in the community
 - g. Promote families and parents to feed infants according to evidence based guidelines
 - h. Promote intake according to CFG for immigrants/refugees/ new Canadians with no English skills
 - i. Disseminate nutrition messaging to hard to reach populations (not currently in the health care system)
- 4) Nutrition Management Strategy for Obesity
 - a) Establish a best practice guideline for nutritional management of obesity.

Please read further for more details...



