Winnipeg Regional Health Authority / Office régional de la santé de Winnipeg
Caring for Health / À l'écoute de notre santé

WRHA Strategic Directions: Improve Quality and Integration
Quality Issue: Clinical Documentation/Integration of NCP in Practice

SGA (Subjective Global Assessment)

WHAT IS BEING MEASURED?

The number of clinical/community Dietitians in the WHRA that have incorporated SGA into their practice, where applicable.
The percent of Dietitians that feel SGA is applicable to their practice.
How confident Dietitians are using SGA and how important they feel SGA is to their practice.

WHY IS THIS IMPORTANT?

Based on the preliminary results of the Canadian Malnutrition Task Force (CMTF), the prevalence of malnutrition is a common problem, affecting 33-45% of hospitalized patients. Similar results have been noted in LTC facilities. The study also demonstrated deterioration in nutritional status during hospitalization and a higher mortality rate in malnourished patients.

Thus is it important that malnutrition be identified early and managed appropriately in a hospital setting. SGA represents a simple, cost effective clinical tool for assessing, diagnosing and monitoring nutritional status in patients based on history and physical findings. Routine application of SGA by Dietitians is an effective method for identifying malnutrition.

WHAT IS THE TARGET?

80% of clinical/community Dietitians in the WHRA have incorporated SGA into their practice, where applicable.

HOW ARE WE DOING?

SGA training sessions have been offered to WRHA Dietitians over the past several years. Data from 2009 indicates that at that time 64% WRHA Dietitians had been trained in SGA (67% acute care, 71 % community and 75% LTC). Since that time approximately 110 more Dietitians attended SGA training at the WRHA NFS/MPP Education Day on

Feb. 3, 2012. However, data is lacking on the number of Dietitians that have implemented SGA into their daily practice.

Interpretation:

Pending survey results (see below).

WHAT ACTIONS ARE WE TAKING?

A survey will be conducted with WRHA Dietitians in Sept. 2013 to gather information about the implementation of SGA.

A strategy will be developed (by Dec. 2013) to implement SGA using a change management principle (ADKAR).