The WRHA Critical Care program would like to invite all members of our extended health care teams to join us in our 4th annual Improvement Symposium. This year we are focusing on “Care at the End of Life.” This is an important area of care that is a significant aspect of Critical Care medicine.

Join us as we explore this and related topic areas and inspire you to improve the care and experience provided to our critically ill patients and their families.

Canad Inns Regent Avenue, Winnipeg
Thursday May 21st, 2015
8:30 am to 3:30 pm
Cost - $75
(Breakfast and Lunch included along with learning and Inspiration)

Registration and Program Coming Soon
OUTCOMES IMPROVEMENT SYMPOSIUM - MAY 21ST 2015

We invite all members of the health care team to join us for a day of learning and inspiration, as we examine the care we provide to our patients and families. The major focus is on care at the end of life.

FACULTY

Dr. Daren Heyland  MD MSc FRCPC
Dr. Daren Heyland is a critical care physician and a Professor of Medicine and Epidemiology at Queen’s University. He is the director of CARENET, (Canadian Association of Research at the End of Life Network), and one of the founding members of TVN (Technology Evaluation in the Elderly Network). His research interests include end of life care and critical care nutrition.

Dr. Harvey Max Chochinov  OM MD PhD FRCPC FRSC
Dr. Chochinov is a Distinguished Professor of Psychiatry at the University of Manitoba. He is also the director of the Manitoba Palliative Care Research Unit and holds the Canadian Research Chair in Palliative Care. He has published extensively on providing dignity and preserving personhood at the end of life.

Dr. Mike Harlos
Dr. Harlos is the medical director of the WRHA Palliative Care Program and Professor of Palliative Medicine at the University of Manitoba. He is also the Clinical Team Leader for the Canadian Virtual Hospice and Co-Chair for Canadian Network of Palliative Care for Children.

Local Faculty

Marlene Ash
Dr. Rakesh Arora
Dr. David Easton
Dr. Greg Eschun
Basil Evan
Dr. Kendiss Olafson
Trudy Nernberg
…and others to follow!

Symposium Venue 2015
Canad Inns
1415 Regent Avenue West
Winnipeg

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by the University of Manitoba.

For Registration Information Contact:
Christopher Roque
GF419 Critical Care Admin HSC
204-787-1634
e-mail: croque@hsc.mb.ca
MORNING

7:30 - 8:00  Registration & Breakfast

8:00  Welcome and opening statement from OIT leadership

8:15 - 9:15  Care at the End Of Life: Improving Communication and Decision Making
Dr. Heyland - Communication at the end of life is often stressful for both caregivers and families. Strategies for optimizing the important aspects of communication and decision making will be discussed. (15 minutes at the end for questions/discussion)

9:15 - 10:15  Optimizing Symptom Control and Patient Comfort
Dr. Harlos - Pain and distress is common during critical illness and can be challenging to address. Strategies focusing on challenging end of life scenario's (eg: awake ventilatory withdrawal), will be discussed. (15 minutes at the end for questions/discussion)

10:15 - 10:30  Coffee Break - Visit the posters and network with colleagues

10:30 - 11:30  Providing Care with Dignity
Dr. Chochinov will explore the strategies we can use to preserve dignity and provide support to patients and families at the end of life (15 minutes at the end for questions/discussion)

11:30 - 12:15  Lunch

AFTERNOON

12:15 – 1:30  Poster Sessions
Our local Quality Circles will present their projects they have been working on over the last year. Get inspired!

1:40 – 2:20  Workshop Sessions I
Attendee’s will participate in 1 of 4 workshop choices during sessions I and II (listed below). The workshops will be repeated in the second session at 2:40. (Space is limited. Please indicate your order of preference on the registration form. Attendees will be scheduled for alternate workshops when sessions have reached their maximum number of participants)

2:20 – 2:40  Coffee Break - Visit the posters and network with colleagues

2:40 – 3:20  Workshop Sessions II
Choose 1 of 4 options as above

3:25 – 3:45  Symposium Wrap Party!
A quick wrap up of the day and an opportunity to acknowledge some of the great work you all have done over this past year. Be ready for some surprise gifts and prizes.

Workshop A
Communication at the End of Life
Dr. Darren Heyland

This workshop will focus on the nuts and bolts of improving communication at the end of life. Participants will learn about the practical tools you can use at the bedside. We will also have the opportunity to further discuss issues from the morning session in a smaller group setting.

Workshop B
The Awakening: Giving our Patients A Voice
Dr. Kendiss Olafson & Trudy Nurnberg

The importance of targeted analgesia and sedation therapy to promote a wakeful state in our patients will be reviewed and strategies of implementation will be explored. Different tools to facilitate communication in our mechanically ventilated awake patients will be discussed including new technologies like communication apps and speaking tracheostomies. This will be a hands-on session.

Workshop C
Delirium: Practical Aspects
Dr. Rakesh Arora

Delirium is a challenge to manage in the ICU. Multiple strategies to prevent delirium will be explored. Treatment including non-pharmacologic interventions will be reviewed. Participants will have an opportunity to discuss how to apply these interventions in their local work place.

Workshop D
Patient Handoffs In Critical Care
Dr. Greg Eschun & Marlene Ash

Handoffs in clinical care are a time of increased patient risk. Here we explore the risks and challenges that are associated with the multiple patient handoff’ we experience in Critical Care and look at a variety of tools and other unique solutions that we can use to improve patient safety.