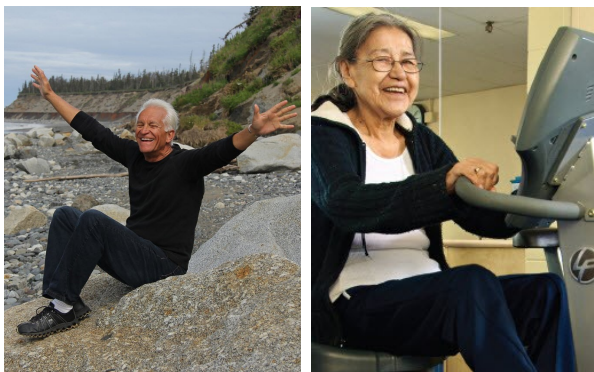


# TENANT RESOURCE PROGRAMS

Living Well  
at  
**55+**

*Tenant Resource Programs are designed for adults 55+ living in elderly persons housing complexes. The tenant resource coordinator develops and coordinates a service plan for the tenants of the building and/or for a collection of housing complexes to support living in the community.*

*The programs and services delivered include such things as grocery shopping, transportation, errands, advocacy, information and referrals, electronic surveillance check, friendly visiting, income tax, housekeeping, translation, filling out forms and health clinics.*



285 Pembina Inc.	285 Pembina Hwy	204-478-7953
Arlington Haus	880 Arlington St	204-783-9918
Autumn House	790 Wellington Ave	204-783-9918
Bethania Haus	1060 Kimberly St	204-654-5060
Bethel Place	445 Stafford St	204-284-3762
Canadian Polish Manor	300 Selkirk Ave	204-582-4435
Donwood Manor Elderly Persons Housing Inc.	165 Donwood Dr	204-668-4410
Donwood South	1245 Henderson Hwy	204-668-4410
Fort Garry Rotary Villa	528 Hudson St	204-284-7228
Fred Douglas Apartments	1280, 1290, 1300, 1286 Aberdeen St	204-995-3722
KeKiNan Centre	100 Robinson St	204-582-0439
L'Accueil Colombien Inc.	200 Masson St	204-233-0501
Lindenwood Manor	475 Lindenwood Dr E	204-475-9990
Lions Manor	320 Sherbook St	204-784-1240
Lions Place	610 Portage Ave	204-784-1210
Lions View	311 Furby St	204-784-1210
Manitoba Housing	125 Carriage Rd	204-982-4426
Manitoba Housing	60 Chesterfield Ave	204-945-5042
Manitoba Housing	529 Country Club Blvd	204-945-1627
Manitoba Housing	269 Dufferin Ave	204-945-7746
Manitoba Housing	515 Elgin Ave	204-945-2187
Manitoba Housing	875 Elizabeth Rd	204-945-5042
Manitoba Housing	170 Hendon Ave	204-945-1627
Manitoba Housing	444 Kennedy St	204-945-4495
Manitoba Housing	101 Marion St	204-945-0247
Manitoba Housing	601 Osborne St	204-945-4925
Manitoba Housing	340 Princess St	204-945-2187
Manitoba Housing	145 Powers St	204-945-2187
Manitoba Housing	185 Smith St	204-956-0712
Manitoba Housing	22 Strauss Dr	204-945-1627
Middlechurch on the Red	260 Balderson Rd	204-336-4126
Place Des Meurons	400 des Meurons	204-237-7505
Sunset House	888 Arlington St	204-783-9918
Villa Cabrini	433 River Ave	204-284-2880
Westlands Co-op	50 Oddy St	204-995-3722
Willow Centre	61 Tyndall Ave	204-632-5940

To volunteer, please call the Tenant Resource Program in your area!



Winnipeg Regional  
Health Authority  
Caring for Health

Office régional de la  
santé de Winnipeg  
À l'écoute de notre santé